Kansas Advocates for Better Care  
Annual Report 2016

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- Artie Shaw, Ph.D., Lawrence  
  Clinical Psychologist

**Honorary Board Member**
William Dann, Lawrence

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L-R, back row: Linda Carlsen, Barbara Braa, Marlene Finney, Ann Campbell, Mary Edwards, Janet Dunn & Mitzi McFatrich

Of Note in 2016

☆ KABC received a generous gift from the estate of Ann Hyde. Ms. Hyde’s experiences in an adult care facility opened her eyes to the need for significant improvements and prompted her to designate a gift to support KABC’s work in her will. We are very grateful for Ms. Hyde’s support and will carefully steward her gift, using it as she desired to achieve improvements in the care of older adults.

☆ KABC and our Executive Director Mitzi McFatrich were singled out for recognition by The National Consumer Voice for Quality Long-Term Care. The Elma Holder Founder's Award was presented for outstanding leadership and advocacy at the national conference in Arlington, VA, in November.

2016 Presented KABC New Opportunities and Challenges for Quality Improvements in Elder Care

- Advocating for older adult-friendly legislation during the 2016 legislative session.
- Bringing older adults and their caregivers together with federal partners to identify problems and barriers KanCare has created for low-income elders needing long-term services and to seek solutions. Major problems include thousands of applications going unprocessed by the State in the required 45 days, leaving elders without access to needed health and safety services and care. KanCare is the State’s 5-year Medicaid demonstration project.
- Raising concerns to legislators and the federal oversight agency about the on-going, lengthy delays in nursing home inspections and complaint investigations, as well as changes needed to correct deficient health practices. The Kansas Department for Aging and Disability Services (KDADS) is the agency responsible for assuring health and safety through timely inspections every twelve months.
- Seeking new avenues and partnerships to stop the dangerous practice of using anti-psychotic drugs on older adults with dementia. More than one in five Kansas elders in nursing homes continue to be at risk and Kansas remains a “worst performer” on this important health measure.
- KABC brought in Ann Wyatt, MSW and a national expert to speak to and educate caregivers on Palliative Care for persons with dementia and emerging best practices.
- KABC met with and heard first-hand from older adults and caregivers how they define “good quality” for the care and services they use at home. In addition to senior and caregiver input, KABC sought input from geriatric health care providers which we will use to create an exciting new home care resource to be published in 2017.
- In December, KABC was notified that it was one of ten non-profits selected to receive a three-year grant from the Kansas Health Foundation to build greater health equity for older Kansans. KABC will work in key areas to remediate disparities for older Kansans.
- KABC was able to expand our program and advocacy work thanks to a new partnership with the KU School of Social Welfare. Morgan Bell, MSW student interned with KABC for the 2016-17 school year. KABC continued it partnership with KU’s Applied Behavioral Science program, hosting undergraduate Tyler Golden for the school year. Both Morgan and Tyler contributed to the research, educational resources and advocacy work KABC was able to undertake.

KABC volunteers and members provide considerable time and energy to improve elder care. In 2016, their combined efforts totaled **700+ hours**. Volunteer efforts included leadership on public policy advocacy, training to caregivers and community leaders, as well as assisting at the KABC office to get out critical information to individuals and the media. **THANK YOU for all of your time and energy to advance our mission.**
Grant Program News

Thanks to the Gould Charitable Foundation, KABC is working on a new project “Quality Elder Care at Home.” The result will be new model guidelines for older adults and families to use in evaluating and selecting better in-home care. KABC has long provided quality guidelines for older adults who are considering facility-based care.

KABC interviewed and surveyed older adults and family caregivers, as well as health professionals and aging service providers, all in an effort to gather perspectives on what the key components are for good quality at-home care.

If you are 60+ and have help, healthcare, or support services which make it possible for you to live at home, then you are the experts we need to hear from. Your experience/expertise is crucial to the value and success of the quality guidelines which will be created. The final product will include quality guidelines which older adults and families may use as they evaluate and select long-term care services and providers of in-home care. The materials - when finalized later this year - will be a companion piece to the materials KABC publishes about quality in residential care facilities, both assisted and nursing. Your help will make a big difference, and will take just a few short minutes. The short survey is available online at this address: (copy & paste into an internet browser):

https://goo.gl/forms/GOF5hZFIKNbBmdXi1

OR If you’d prefer, we can send you a survey by mail or email or take your answers over the phone. Contact the KABC office: 800-525-1782 toll-free, or via email: info@kabc.org

Special thanks KU MSW Intern Morgan Bell, for her dedicated and very competent work on this project.

The Kansas Health Foundation has awarded KABC a grant to undertake “No Time to Lose” - an initiative which seeks to address health disparities and improve health equity for older adults in Kansas by increasing partnerships, strengthening networks, and focusing advocacy efforts on older adults, adults with disabilities, those who provide care, and those who create public policies which govern care. Target issues include physical and mental health, and disparity based on race/ethnicity.

2016 Stand By Me

Kathy Greenlee was honored with the KABC Caring Award on October 23rd as a full house of KABC supporters celebrated her significant accomplishments for improved care of elders. Greenlee had recently stepped down as Assistant Secretary for Aging at the U.S. Health & Human Services. During her tenure, the new Administration for Community Living was launched. “Kathy holds the compass and points us in the direction of the greater good,” said KABC Executive Director Mitzi McFatrich.

“I’m an advocate at heart,” Greenlee said. “I’d like to see us having a conversation about what it’s like to be an older person in this country and what types of supports are needed for them and their caregivers to live meaningful lives,” she said. “I believe we’d be richer for having that discussion.”
Acknowledgments

Kansas Advocates for Better Care Thanks

- **William Dann**, for his continued dedication and commitment in support of improved quality care.
- **Steve & Kelly Wildeman**, American Presort, for generously providing mailing services for the KABC newsletters.
- **KABC volunteer Board of Directors**.
- **Every member, donor and volunteer** for keeping KABC’s work alive for over 40 years!
- **KU Interns Morgan Bell and Tyler Golden** for all of their hard work on grant projects & publications.
We are grateful for our 2016 Members & Contributors

Because of their generosity, KABC provided assistance to over 8,000 individuals. Our supporters make it possible for KABC to help elders and families with difficult long-term care choices.

Cerfers/Sustaining Members
AgeWise Advocacy & Consulting
Pauline Alexander
Portia Allbert
Steven & Carole Anderson
Arrowood Lane
Ann Aschenbrenner
Ashley Care Services
Deanne & Lou Bacco
Jill Baker
Gary Beasley
Judy & John Bellome
Susie & Steve Beninga
Betty Bowen
Andrea Bozarth
Barbara & Mick Braa
Janet Buttery & Alan Williger
Linda & Chuck Carlsen
Cerf-Dunbar Foundation
Cherryvale Nursing Center
Robert & Cynthia Claus
Donna Gould Cohen & Larry Cohen
J T & Keely Compton,
ABC Foundation
Nancy & Wayne Cottril
Charley & Lynne Crabtree
W. Hobson & Helen Crockett
Katherine Culver
Evie & Bob Curtis
Bill Cutler
William Dann
Disability Rights Center of Kansas
Marjorie Anne Dozier
Janet Dunn
Terry Edwards
Dr. James & Sara Farley
Margaret Farley & Ron Schneider
Marlene Finney
Ms. Charlee Glinka/Davenport Winery
Webster & Joan Golden
Marilyn Gridley
Alan Hanson/Hanson & Jorns, LLC
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Emily Hill & Burke Griggs
Brock Jones
Elizabeth Dann Jones
Nancy Jorn
Kansas Health Care Assn.

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Jean Krahn
Graham Kreicker
Lakepoint Nursing Center, Augusta
Lakepoint Nursing & Rehab, El Dorado
Lawrence Presbyterian Manor
Herb Lewis
Linda Lobb
Drs. Loehr, Howell & Foley, DDS
Barbara Lovitch
Marcia A. Manter
Linda Mason & Brad Hutton
Dr. H.R. McFarland
Mitzi E. McFartrich
Jim & Linda McNeece
Medicalodges, Inc.
Mark Moffitt
Sally M. Morse
Earl Nehring
Neil & Maria Nehring
Will Orvedal
Jeanne Reeder
Cathy Reinhardt
Warren H. Robinson
Emily Russell
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Barbara & Richard Schownen
Webster Schott
Carolyn Scripps
Dan Shanelec
Artie Shaw
Carolyn & Robert Shelton
Simpson Foundation Sarah & Ray Dean
Fred & Lilian Six
Bevery Smith Billings
Solomon Valley Manor
Jerrld & Carol Spady
Ann Stern
Barbara Thomas
Linda Upstill
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Molly M. Wood
Claudia Woodard

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Bill Baldock
Myrna Bartel
Max & Sue Bayer
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Marilyn Bradt
Marilyn Chamberlin
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David Dinnen
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Elaine Penny
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Tracy Rhine
Barbara Sabol
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Patsy Walz
Dawn Veh
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Harley & Inge Beningfield
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Goodwin & Shirley Garfield
Richard Gegen
Della Hadley
Melinda Hammond
Bill & Jeanine Lienhard
Trish Moore
Gary & Constance Sollars
Sue Suhler
Carolyn Ward
Susan J. Whitfield-Harding
Patricia Williams
Vivian Wood

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Asbury Park
Butler County Dept. on Aging
Elmhaven
Fahey Case Management LLC
Garden Terrace of Overland Park
Good Samaritan-Dodge City
Guest Home Estates of Pittsburg
Ibarra Elder Law, LLC
KFMCK Leonardville Nursing Home
Linn Community Nursing Home
North Central Flint Hills AAA
Pleasant View Home
The Legacy at Park View
Trinity In-Home Care
Twin Oaks Assisted Living

Life Members
Betty Anderson
Jean Cowles
Barbara Heng
Mr. & Mrs. Harlan Jennings
Walter Martz
Lucille Mitchell
Una Thomas

Contributors & Other Friends
715 Restaurant
Diane & Tom Adamson
Bob Anderson
Maria Arnone
Judy & Clem Bartak
Andy & Peggy Beal
Terry Benson
Bob & Winky Bergeson
Stacy M. Bernard
Cynthia Bleck
Laura & Raymond Boos
Karen & Keith Braman
Ken & Norma Buchwach
Nancy Crowder Budd
Vicki Buening
Pam & Peter Casagrande
CEK Insurance
Central Bank of the Midwest
Century Business Technologies
Dr. Rosemary Chapin
Beth Cigler
George Cockrell
Barb Conant
JM & Heidi Connolly
Cottin's Hardware
Country Club Trust
Fred S. Craig
Stephen J. Craig
Crown Automotive
Ann Cudd & Neal Becker
Peter & Virginia Curran
Kay Davis
Lowell & Loretta Davis
Linda DeCoursey
Dennie & Donna Denrow
Drs. Dobbins & Letourneau
Mary & George Edwards
Gwen Elliott
Leslie & Betsy Evans
The Fabulous Torque's
Vicky L. Farres
Framewoods
Marci Francisco
Barbara Friedmann
Marc & Valerie Giedinghagen
Barbara & Gerold Golforth
Grand Central Hotel
Katherine Greene
Kathy Greenlee
Dorothy Harder
Stan Herd
Barbara Hickert
Martha Hodgesmith
Jayhawk Dental LLC
Stacy Jeffress
Jewish Community Women
Johnson County Community College
Ruth Jones
Michael Kalny
Audrey Kamb-Studdard
Kansas Public Radio
Marc & Lita Ketzel
Steve & Kristin Kibbee
Dr. Paul Kincaid
Alice Leonard
The Lied Center
Life Connections, Inc.
David & Mary Lindstrom
David Lowenthal
William Maher
Nancy Mark
Kathy Martin
Larry Maxey
Toby McIntosh
Beth McKenzie
Deborah McMullen
Minuteman Press of Lawrence
John Naramore & Eileen Larson
Jo Nedrow
Edward Noonen & Melissa McCormick
Oak Country Golf Course
Vivien Olson
Peoples Bank
Pete Peterson
Dr. Lorne & Norma Phillips
Virginia Potter
Mark & Sandy Praeger
Laurance & Johanna Price
Edward Quick
Dave & Candice Ranney
Angie Reinking & Christopher Bartak
Catherine Hale Robins
Bess Robinson
Donita Rogers
Jean Rosenthal
Phyllis & Richard Sapp
Carol Schmitt & Wayne Propst
Gail Shaheed
Shawnee Mission Health
Shepherd Elder Law
Matthew & Mary Kay Stein
Stevens & Brand, LLP
Linda & John T. Stewart III
Theatre Lawrence
Ann & Peter Thompson
Sarah Tomasek
Topeka Community Foundation
The Trust Company
Unitarian Universalist Congregation
Eleanor Unruh
Weaver's Department Store
Westar Energy
Peter Whitenight
Wilkerson, Saunders & Anderson, DDS
WJ & Rosemary Williamson
Wyandotte United Methodist Women
We are very appreciative for the substantial support of these generous individuals who help further KABC’s mission and advocacy work.

2016 Major Charitable Donors

| AgeWise Advocacy & Consulting | |
| Steven & Carole Anderson | |
| Elvira & Richard Angeletti | |
| Deanne & Lou Bacco | |
| Andrew & Peggy Beal | |
| Betty Bowen | |
| Andrea Bozarth | |
| Barbara & Mick Braa | |
| Johanna Bryant | |
| Ken & Norma Buchwach | |
| Janet Buttery & Alan Williger | |
| Ann & JR Campbell | |
| Linda & Chuck Carlsten | |
| Pam & Peter Casagrande | |
| CEK Insurance | |
| Center for Practical Bioethics | |
| Central Bank of the Midwest | |
| Century Business Technologies | |
| Rosemary Chapin | |
| Country Club Trust | |
| Crown Automotive/ Miles Schnaer | |
| Evie & Bob Curtis | |
| William Dann | |
| Kay Davis | |
| Janet Dunn | |
| Dr. George & Mary Edwards | |
| The Fabulous Torques’ | |
| Dr. James & Sara Farley | |
| Margaret Farley | |
| Marlene Finney | |
| Marc & Valerie Giedinghagen | |
| Webster & Joan Golden | |
| Donna Gould Cohen & Larry Cohen | |
| Kathy Greenlee | |
| Phil & Clara Hemphill | |
| Stan Herd | |
| Emily Hill & Burke Griggs | |
| Martha Hodgesmith | |
| Don Jordan | |
| Johnson County Community College | |
| Kansas Public Radio | |
| Lee Ketzl | |
| Marc & Lita Ketzl | |
| Steve & Kristin Kibbee | |

2016 Financial Report

**ASSETS**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td></td>
</tr>
<tr>
<td>Cash-checking</td>
<td>$3,622</td>
</tr>
<tr>
<td>Money Market</td>
<td>$315</td>
</tr>
<tr>
<td>Total Current Assets</td>
<td>$3,937</td>
</tr>
<tr>
<td>Restricted Cash/Investments</td>
<td>$867,355</td>
</tr>
<tr>
<td>Capital Assets</td>
<td></td>
</tr>
<tr>
<td>Office Equip/Furniture</td>
<td>$14,106</td>
</tr>
<tr>
<td>Less accum. Depreciation</td>
<td>($10,079)</td>
</tr>
<tr>
<td>Net Property/Equip</td>
<td>$4,027</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$875,319</td>
</tr>
</tbody>
</table>

**LIABILITIES & NET ASSETS**

<table>
<thead>
<tr>
<th>Net Assets</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Invested in Capital assets-net</td>
<td>$4,027.00</td>
</tr>
<tr>
<td>Unrestricted</td>
<td>$3,937.00</td>
</tr>
<tr>
<td>Temp Restricted-Endow</td>
<td>$674,907.00</td>
</tr>
<tr>
<td>Temp Restricted-Grants</td>
<td>$192,448.00</td>
</tr>
<tr>
<td>Total Net Assets</td>
<td>$875,319.00</td>
</tr>
</tbody>
</table>

**Total Liabilities & Net Assets**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Assets</td>
<td>$875,319.00</td>
</tr>
</tbody>
</table>

**Unrestricted Revenue**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$150,460.00</td>
</tr>
<tr>
<td>Memorials</td>
<td>$5,670.00</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>$6,556.00</td>
</tr>
<tr>
<td>Endowment Investment Income (loss)</td>
<td>$34,756.00</td>
</tr>
<tr>
<td>Misc. Income</td>
<td>$1,500.00</td>
</tr>
<tr>
<td>In-kind Donations</td>
<td>$3,400.00</td>
</tr>
<tr>
<td>Total unrestricted revenue, gains, losses</td>
<td>$201,902.00</td>
</tr>
<tr>
<td>Net assets restricted for purpose</td>
<td></td>
</tr>
<tr>
<td>Total unrestricted revenue &amp; net assets released from purpose restrictions</td>
<td>$219,714.00</td>
</tr>
</tbody>
</table>

**Expenses**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>$187,514.00</td>
</tr>
<tr>
<td>Management</td>
<td>$24,014.00</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$7,811.00</td>
</tr>
<tr>
<td>Member Development</td>
<td>$7,303.00</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>$226,642.00</td>
</tr>
</tbody>
</table>

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase in unrestricted net assets</td>
<td>($6,928.00)</td>
</tr>
<tr>
<td>Temporarily restricted net assets (Grants/Endowments)</td>
<td>$199,304.00</td>
</tr>
<tr>
<td>Net assets restricted for purpose</td>
<td>($17,812.00)</td>
</tr>
<tr>
<td>Increase in temp. restricted net assets</td>
<td>$181,492.00</td>
</tr>
<tr>
<td>Increase in net assets</td>
<td>$174,564.00</td>
</tr>
<tr>
<td>Net Assets as of Jan 1, 2016</td>
<td>$700,755.00</td>
</tr>
</tbody>
</table>

**Net Assets as of Dec. 31, 2016**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td></td>
<td>$875,319.00</td>
</tr>
</tbody>
</table>
2016 Income/Expense Comparison

Total: $ 401,156 Income

Contributions 39%
Endowment Income 9%
Grant/Restricted 49%

Total: $ 226,642 Expense

Program 83%
Management 11%
Fundraising 3%
Member Development 3%
KABC guides, supports and educates older adults and families who are dealing with long-term care issues. This chart summarizes our efforts. KABC engages in public policy advocacy solely for the purpose of improving the quality of long-term care.

<table>
<thead>
<tr>
<th>Assistance Provided</th>
<th>2016</th>
<th>2015</th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for assistance (phone &amp; email)</td>
<td>789</td>
<td>1,337</td>
<td>1,163</td>
<td>857</td>
</tr>
<tr>
<td>Website visits to access information</td>
<td>5,912</td>
<td>4,638</td>
<td>4,094</td>
<td>4,145</td>
</tr>
<tr>
<td>Facebook activity- “Likes” as of Dec. 31</td>
<td>455</td>
<td>335</td>
<td>218</td>
<td>175</td>
</tr>
<tr>
<td>Total newsletters sent (4 times/yearly)</td>
<td>3,686</td>
<td>3,820</td>
<td>3,736</td>
<td>4,410</td>
</tr>
<tr>
<td>Attendees at training sessions</td>
<td>1,505</td>
<td>1,740</td>
<td>1,381</td>
<td>1,315</td>
</tr>
<tr>
<td>Testimony presented to Legislature</td>
<td>15 bills</td>
<td>10 Bills</td>
<td>11 Bills</td>
<td>11 Bills</td>
</tr>
<tr>
<td>Testimony on regulations to Federal or State agencies</td>
<td>3 Fed. 2 State</td>
<td>2 Fed. Regs.</td>
<td>1 Fed. Regs.</td>
<td>1 &amp; 1</td>
</tr>
</tbody>
</table>

With your help, KABC reached well over 12,000 people in 2016!
2016 Public Policy Advocacy

◊ Kansas continued to be greatly challenged by budget deficits which resulted in significant cuts to long-term care services for older adults.
◊ Kansas continued the trend of serving fewer older adults in its Medicaid program/KanCare, even at a time that the State’s older adult population grows.
◊ Kansas cut 4% from the Medicaid budget, and reduced Senior Care Act funding by $2.1 million impacting services to older adults in nursing facilities and at-home.
◊ Legislators approved a very large increase to the nursing home bed tax - while requiring no quality improvements from this tax payer funded windfall for nursing facilities.
◊ KABC, working with partners, succeeded in moving the legislature to approve the delay of changes the administration sought for the KanCare Medicaid demonstration.
◊ KABC supported consumer protections in a bill which would allow video recording as a protection from elder abuse.
◊ KABC supported regulations which would assure appeal rights for adults in assisted living facilities, a right they don’t currently have. Our recommendations were not adopted.
◊ Elections in November 2016 resulted in a number of new moderate members joining the Kansas legislature. Appointment of Committee Leadership in the House and Senate reflected the change.
◊ KABC and partner organizations brought together 300 elders, people with disabilities, caregivers, and advocates with federal regulatory and oversight staff to voice problems and breakdowns in KanCare/Medicaid. The successful results - the State was required to develop and implement a Plan of Correction, and KanCare is under greater federal oversight.

Quality Elder Care - 2017 and Beyond

Did you know that Kansas is one of only eleven states with a consumer based and consumer focused citizen advocacy organization like KABC? Citizen advocacy is a powerful tool for improving the quality of long-term care for older adults. KABC members, volunteers and staff were key to winning passage of the Nursing Home Reform Act, OBRA 1987. KABC was one of only a handful of consumer advocacy organizations deeply engaged in that successful fight for quality elder care. The results for quality have been far-reaching and touched the lives of millions of older adults nationally, and hundreds of thousands in Kansas - no small outcome.

We are on the threshold of a similar time for impacting how long-term care will look in the decades to come - how safe it will be, who will be able to afford or access long-term care, whether we will rely on institutional care or build a responsive, strong, safe network of home-care providers to serve up quality elder care. Thirty years after the Nursing Home Reform Act was passed, opportunities remain to shape the future of quality elder care. To achieve the next big success will require KABC citizen advocates - members, volunteers, and donors, along with our community partners - working together to make it so.

KABC’s quality in-home care model project, and our work to increase reduce health disparities for older adults, are important first steps into the future for quality care. As we celebrate the 30 year anniversary of OBRA ’87 - a momentous achievement - KABC invites you work with us to create other important milestones which will define our state and nation’s progress in providing elders with safe, good care.
Most people try not to think about nursing homes… that’s why we think about them every day.

My $ _______________ tax deductible contribution is enclosed.  
(Please identify how you prefer your gift to be used):

As a memorial to __________________________________________________________

General contribution _____  KABC Endowment Fund _____
Harriet Nehring Education Fund _____

KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.

Name__________________________________________________________________________________
Address ________________________________________________________________________________
City, State  ________________________________________________  Zip  _________________________

Make checks payable to Kansas Advocates for Better Care and return to:
536 Fireside Court, Suite B   Lawrence, KS  66049

https://www.facebook.com/KABC1975/