Annual Report
January - December 2012

What’s inside:

Public Policy Advocacy and Volunteer Board Members page 2
Training and Educational Resources page 3
Stand By Me page 3
Members & Contributors page 4
Financial Report & Major Contributors page 6
Information & Services page 7
Members by County page 8
2012 in Review & Acknowledgments page 8
2013 and Beyond page 9

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ERO #41  On July 1, 2012 the governor’s Executive Reorganization Order #41 brought to an end the state’s 30 plus year history of a single state agency focused on public policy to meet aging needs. The Kansas Department on Aging was subsumed by the new Kansas Department for Aging & Disability Services (KDADS) along with all six Medicaid waiver programs formerly managed by SRS, and with some health occupations credentialing which moved from KS Dept. of Health & Environment (KDHE). KDADS is the state’s second largest agency. SRS became the Department for Children and Families (DCF) overseeing public assistance programs such as food stamps, adult protective services, Medicaid eligibility determinations along with programs for children & families. KDHE is charged with the financial management of the new KS Medicaid program, KanCare. KABC testified in opposition to Gov. Brownback’s ERO #41 stating our concern that there will be a diminished departmental focus on seniors and their long-term care needs. And this just as the first wave of the baby boomers turns 65 and as middle aged adults are faced with making sure their parents have adequate and quality care. The administration did not articulate how the agency reorganization will benefit seniors. KABC raised concerns about the loss of checks and balances and protections for consumers, as the new agency holds combined responsibilities for credentialing/licensure of staff and facilities, enforcement/regulatory over adult care homes, management, administrative, programmatic, and operations oversight responsibility for nursing homes, home services for elders, mental health, and many other health care programs and providers.

The Governor’s proposal to move all KS Medicaid into KanCare and contract out the state’s healthcare and long-term services to three managed care companies was adopted by the legislature. Three Managed Care Organizations (MCO) signed contracts with the state, putting an additional administrative layer between consumers, providers and the state. KABC voiced concerns to the state and federal governments about including frail elders in nursing homes as part of this move of nearly 385,000 KS Medicaid beneficiaries into KanCare slated for Jan. 1, 2013. The standards and performance measurers outlined by the state primarily measures procedures, processes and cost savings rather than improved health care outcomes for older adults.

KABC was successful in securing two important protections for older adults as part of the federal government’s approval of Kansas’ KanCare request: 1) persons on Medicaid in nursing homes would be covered as “in-network” for all three managed care companies in year one assuring that no older adult would be displaced; 2) hiring an ombudsman to advocate for consumers encountering problems with KanCare.

KABC and AARP Kansas joined forces in support of legislation to address inadequate Kansas nurse staffing standard in nursing homes. The minimum 2 hour standard set over 30 years ago does not prevent injury, illness or death for adults living in nursing homes according to numerous national studies. Proposed legislation would raise the minimum hours from 2 hours a day to 4.5 hours of care provided by RNs, LPNs, & CNAs.

Thanks to the support of our members, KABC continues to advocate at the State and Federal levels on legislation that affects vulnerable Kansans.
TRAINING & EDUCATION RESOURCES

☆ During the year, Executive Director Mitzi McFatrich provided training on “Person-Centered Care: Teaming up to Make the Change” to 384 staff at 14 facilities across Kansas. Residents and family members were invited along with nurses, aides, housekeeping, maintenance and dietary. The training information used is available online: www.kabc.org/pdfs/promoting-resident-centered-care.pdf

☆ KABC volunteer board members, Evie Curtis and Barbara Braa provided education and awareness on Preventing Elder Abuse, Neglect & Exploitation with a special focus on financial abuse and exploitation in eight nursing homes to nearly 400 people across Kansas. Most participants were staff although a number of older adult residents, family members, local banking and law enforcement officials, regional and volunteer ombudsmen and other community leaders participated.

☆ The Legacy of Justice Foundation-Shamberg Project—awarded KABC a grant to develop a new advocacy resource for older adults or family members to effectively get the assistance and care needed in nursing homes, or in long-term care services received at home. The resource will be in print and on our website later in 2013.

☆ Sharee Wiggins, Nurse Practitioner, Geriatrics Faculty, University of Kansas Medical Center provided training on “Standards for Good Care” to 55 advocates in Wichita at KABC’s 2012 Annual Meeting. The Harriet Nehring Education Fund sponsored the presentation.

Grants to fund Person-Centered Care and Elder Abuse Prevention trainings came from the Kansas Department for Aging & Disability Services (KDADS), the U.S. Administration on Aging, and U.S. Department of Health and Human Services.

2012 Stand By Me

KABC’s annual fundraiser “Stand By Me” held in Lawrence on October 28, was a successful event that will financially support KABC’s work with older adults and families needing guidance or help in finding quality care or resolving problems with care. KABC is grateful to our committed sponsors, contributors, and volunteers. Their hard work, energy and contributions along with the more than 125 persons attending - helped us meet our goal!

For the 4th year in a row, The Fabulous Torque’s entertained the crowd with their great sound. Jeremy Taylor hosted the live auction, and helped pull in record amounts for many of the auction items. Presentation of the 2012 KABC Caring Award to Dr. Robert Harder, in recognition for his decades of leadership on quality care was a highlight of the event.
Thanks to these Members & Contributors, KABC was able assist over 8,000 consumers. Our supporters make it possible for KABC to help families making difficult long-term care choices. The following list represents KABC paid members and contributors as of December 31, 2012. Endowment Founders are in a bold font.

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KFMC  
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Leonardville Nursing Home  
Linn Community Nursing Home  
Midwest Coating, Inc.  
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The Legacy at Park View  
The Shepherds Center  
Trinity In-Home Care  
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Violet Hurlock  
Mr. & Mrs. Harlan Jennings  
Walter Martz  
Charles Michener  

Lucille Mitchell  
Una Thomas  

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Peggy Wachtel  
Karen Weber  
Peter Whitenight  
Wimbledon Town Homes  
Claudia Woodard  
Wyandotte United Methodist Women  
Judy Zinn
**2012 Major Contributors**

Our list of contributors continues to grow each year. We are very appreciative to the generous individuals who support KABC’s mission and advocacy work. Here, we recognize those who provided substantial support during 2012.

ABC Foundation,  
JT & Keeley Compton  
Deanne & Lou Bacco  
Susie Beninga  
Betty Bowen  
Andrea Bozarth  
Barbara & Mick Braa  
Valentine & Alexander  
Braun Estate  
Janet Buttery  
Pauline Buttery  
Linda & Chuck Carlsten  
John Carney  
Cerf-Dunbar Foundation  
Dr. Rosemary Chapin  
Donna Gould Cohen &  
Larry Cohen  
CornerBank NA  
Nancy & Wayne Cottril  
Evie & Bob Curtis  
Bill Cutler  
William Dann  
Lowell Davis,  
State Farm Ins.  
JW & Danny Drury  
Janet Dunn  
The Fabulous Torque’s  
James & Sara Farley  
Margaret Farley &  
Ron Schneider  
Marlene Finney  
J. Robert Fluker  
Marc Giedinghagen  
Dr. Helen Gilles  
Margo Gordon  
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Topeka Community  
Foundation  
Mark Vollmer  
Rebecca Wempe  
Julia Wood  
Molly M. Wood  
Ina Kay Zimmerman

**2012 Financial Report**

### ASSETS

- **Current Assets**
  - Cash-checking $4,579
  - Money Market 27,072
  - Total Current Assets $31,651

- **Other Assets**
  - Endowment Fund $143,079

- **Equipment**
  - Less accumulated depreciation $(14,397)
  - Property & Equipment, net $1,178

- **Total Assets** $175,908

### LIABILITIES & NET ASSETS

- **Total Current Liabilities** $0

- **Net Assets**
  - Unrestricted $32,829
  - Temporarily Restricted 143,079
  - Total Net Assets $175,908

- **Total Liabilities & Net Assets** $178,908

- **Unrestricted Revenue**
  - Contributions $137,673
  - Memorials 2,195
  - Membership Dues 8,865
  - Endowment Investment Income 3,027
  - Misc. Income 0
  - In-kind donations 940
  - Interest Income 58
  - Unrealized gain on investments 6,896

- **Total unrestricted revenue, gains, losses** $159,654

- **Net assets restricted for purpose** 15,631

- **Total unrestricted revenue and net assets released from purpose restrictions** $175,285

### Expenses

- **Program** $127,070
- **Management** 19,016
- **Fundraising** 6,150
- **Member Development** 5,137

- **Total Expenses** $157,373

- **Increase in unrestricted net assets** $17,912

- **Temporarily restricted net assets (Grants/Endowments)** 25,215

- **Net assets restricted for purpose (15,631)**

- **Increase in temp. restricted net assets** 9,584

- **Increase in net assets** 27,496

- **Net Assets as of Jan. 1 2011** 148,412

- **Net Assets, as of Dec.31 2011** $175,908
KABC works in many ways to assist and educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide useful information to individuals seeking assistance and training to groups. KABC engages in public policy advocacy to improve the quality of long-term care.

<table>
<thead>
<tr>
<th>Assistance Provided</th>
<th>2012</th>
<th>2011</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for assistance (from our toll-free number &amp; via email)</td>
<td>762</td>
<td>659</td>
<td>754</td>
<td>596</td>
</tr>
<tr>
<td>Website visits to access information</td>
<td>4,707</td>
<td>5,296</td>
<td>5,025</td>
<td>4,191</td>
</tr>
<tr>
<td>Facebook activity-”Likes” as of Dec. 31</td>
<td>105</td>
<td>61</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Total newsletters sent (5 times/year to members, contributors, and legislators)</td>
<td>4,470</td>
<td>4,315</td>
<td>4,355</td>
<td>3,800</td>
</tr>
<tr>
<td>Attendees at training sessions</td>
<td>1,404</td>
<td>2,115</td>
<td>1,199</td>
<td>920</td>
</tr>
<tr>
<td>Testimony presented to legislature</td>
<td>12 bills</td>
<td>10 bills</td>
<td>11 bills</td>
<td>13 bills</td>
</tr>
</tbody>
</table>

THANK YOU to KABC volunteers and members who provide considerable time and energy to improve elder care. Their combined efforts totaled more than **410 hours** in 2012. Volunteer efforts included leadership on public policy advocacy, training to caregivers and community leaders, as well as assisting at the KABC office to get out critical information to individuals and the media.
2012 in Review

The role of Kansas Advocates for Better Care, its members and volunteer board of directors remains as critically important in 2012 as it was in 1975 at its founding as Kansans for the Improvement of Nursing Homes. KABC continues its ‘watchdog’ function of alerting the public about conditions, policies and practices that result in less than safe and adequate care for adults living in nursing homes or at home.

KABC advocated for and offered testimony in support of HB 2348 that would assure that adults in Kansas nursing homes receive 4.5 hours of care each day - a level that avoids unnecessary illness, injury and death. KABC supported legislation that would provide for review of deaths in nursing homes and training of coroners to identify signs of abuse or death resulting from poor care.

KABC provided assistance, guidance, and resources to older and disabled adults and family caregivers faced with serious problems, including poor care, being told they would have to find a new nursing home to receive care, being overcharged for healthcare products, were victims of theft and of financial exploitation by caregivers. KABC offered referrals and sometimes made reports at the request of older adults or their families to ombudsmen, legal aid, adult protective services, the adult care homes complaint hotline and to law enforcement.

KABC worked with the Attorney General’s Office to identify better approaches to prevent abuse, neglect and exploitation of older Kansans and to strengthen the response of adult protective services. KABC encouraged stronger and more cooperative efforts and referral among adult protective services, the adult care home complaint hotline and local law enforcement to more effectively protect and intervene on behalf of older adult who are being victimized.

Acknowledgments

Kansas Advocates would like to thank the following:

- William Dann, for his continued dedication and commitment in support of improved quality care.
- Barbara Braa & Evie Curtis who trained nearly 400 nursing home staff & community leaders across the state on preventing financial abuse & exploitation of older adults.
- The Fabulous Torque’s who’ve contributed great entertainment at the “Stand By Me” fundraiser, for the fourth year!
- Steve & Kelly Wildeman, owners of American Presort, for generously providing mailing services for the KABC newsletters.

Special thanks to the KABC volunteer Board of Directors.
Looking to 2013 and Beyond

☆ In 2013 the federal government will pay special attention to raising awareness about Elder Abuse, Neglect, and Exploitation and focusing on better ways to prevent it.

☆ In 2013 older and disabled Kansans on Medicaid will experience the massive shift of their healthcare, nursing home care, and home based long-term services and supports away from the established systems that have provided those services and handed off to three managed care companies. The Governor has maintained that savings in KanCare will not be based upon cutting access to needed services or cutting persons eligible, but rather be based upon better coordination of health care services and long-term care supports.

☆ In 2013 KABC will strongly advocate for passage of HB 2348 providing that frail elders in nursing homes will receive the safe level of nursing care they need, they deserve, and for which they and taxpayers are paying.

☆ In 2013 KABC will offer a new resource for older adults and adults with disabilities to use in advocating for the care they need in order to maintain their highest level of functioning - physically and mentally.

☆ In 2013 KABC will continue to provide training to nursing home staff on the concept of the person-centered care model of delivering care to residents. Person-centered care allow more choice and flexibility in daily schedules and focuses on resident preferences for activities of daily living.

☆ In 2013 KABC volunteers will reach out to community leaders, law enforcement personnel, banking professionals and family members to educate and inform about all forms of elder abuse. With cases of financial exploitation of older adults growing rapidly, it is critical to educate and raise awareness before it happens.

☆ In 2013 KABC will work diligently to achieve its mission by continuing assistance to individuals needing help finding quality long-term care services and facilities. KABC will continue to speak up for public policies that afford better care, and will offer training and education to older adults, their families, and paid care providers.

KABC is now on Facebook!
We welcome and encourage your questions and comments about long-term care in general, and what you might like to see posted here, or in our newsletters. Find and “like” us!  https://www.facebook.com/pages/Kansas-Advocates-for-Better-Care-KABC/186074884796819?ref=hl
Most people try not to think about nursing homes… that’s why we think about them every day.

My $ ______________ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to __________________________________________________________

General contribution _____ KABC Endowment Fund _____

Harriet Nehring Education Fund _____

KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.

Name__________________________________________________________________________________

Address ________________________________________________________________________________

City, State ________________________________________________  Zip _________________________

Make checks payable to Kansas Advocates for Better Care and return to:

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