Annual Report
January - December 2011

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2011 in Review

2011 proved to be a very busy and productive year for KABC. Leah Noakes served as a VISTA Volunteer at KABC through October, 2011. Grant funding to support the excellent work she did came through the Sunflower Foundation and the Corporation for National & Community Service. Through the tremendous dedication of Leah and a handful of KABC volunteers, more than 1,100 persons received training that empowered them to better advocate for their own long-term care needs or on behalf of a family member, friend or customer. Presentations were made all across the state in communities large and small. A first ever in Kansas - “The Kansas Go-To Guide” - is the result of hours of research into many aspects of long-term care as well as the supports and services available to help Kansans. This print and on-line resource guide was made available to citizens, thanks to the tireless work of our VISTA Leah. The guide provides information and resources available to older Kansans, persons with disabilities (physical, mental and developmental), and veterans. The printed version of this guide was distributed widely with great reviews. Versions in Spanish and HTML for persons with visual impairments are available on our website. It was a highly successful outreach effort and one KABC believes will continue to improve the quality of long-term care in our state.

Earl Nehring, board member and spouse of KABC’s first executive director Harriet (1975-90), was chosen Volunteer of the Year by the Roger Hill Volunteer Center, Lawrence. Earl was honored at a community luncheon at the Carnegie Library. Earl began serving as a board member in 2005. He has volunteered to assist KABC in expanding outreach and education programs, and strengthened KABC’s ability to advocate for improved long-term care for Kansans. Congratulations to Earl!

Molly M. Wood, board member and attorney spoke to 100+ attendees at the 2011 Annual Meeting in Lawrence. The job she did so ably was to address the many provisions impacting seniors in the national health reform legislation, the Affordable Care Act. We appreciate Molly bringing her insight and knowledge to this new and complex topic, and her ability to put it into user-friendly terms.

Our 2011 Stand By Me benefit and “chair-ity” auction was a great success, thanks to the hard work of so many volunteers and artists. The donations given by sponsors, persons attending, and auction bidders allowed us to provide direct help to older adults and advocate on their behalf with policy makers.

As always, we are grateful for all of our members and volunteers for giving so much to KABC. We look forward to yet another good year!
Grant-Funded Projects

Training Nursing Homes on Person-Centered Care

The Kansas Department on Aging awarded KABC a Workforce Enhancement grant for 2011. During the year, Executive Director Mitzi McFatrich teamed up with regional Ombudsmen to provide training on “Person-Centered Care: Teaming up to Make the Change” to 608 persons at 14 facilities across Kansas. Residents and family members were encouraged to participate. The booklet used in these presentations is available online: www.kabc.org/pdfs/promoting-resident-centered-care.pdf

Preventing Abuse, Neglect & Exploitation

Thanks to a Preventing Abuse, Neglect & Exploitation (PEANE) grant from the Kansas Department on Aging, KABC volunteer board members Evie Curtis and Barbara Braa presented information on preventing elder abuse, neglect and financial exploitation in eleven nursing homes across Kansas. Evie and Barbara reached 400 people, most were nursing home staff. A number of residents, family members, local banking and law enforcement officials, regional and volunteer ombudsmen and other community leaders also participated.

The Sunflower Foundation & CNCS

The Sunflower Foundation of Topeka, and the Corporation for National & Community Service (CNCS) each awarded KABC grants in 2010-11 for a capacity building project, “Volunteer Leadership & Grassroots Advocacy”. KABC was fortunate to recruit AmeriCorps VISTA, Leah M. Noakes to launch the year-long outreach and advocacy effort. Leah and several KABC volunteers traveled across Kansas, teaching participants to self-advocate for their needs and for better long-term care in 15 communities, reaching over 2,300 individuals.

The National Consumer Voice

KABC was one of only three citizen advocacy organizations nationwide selected to receive a grant from The National Consumer Voice for Quality Long-Term Care, Washington, DC. The grant funded development of a long-term care resource guide for Kansans. The result was the first-ever Kansas Go-To Guide, meant to equip folks with disabilities, older adults and veterans with how to information on advocacy and services. VISTA Leah M. Noakes was largely responsible for compiling this resource that has become a national model for other states wishing to create a similar state guide. More than 1,000 copies were given out. This Guide is available online: http://www.kabc.org/pdfs/resources-for-best-long-term-care.pdf and also online versions in HTML: http://www.kabc.org/kansasguide/l2.html and in Spanish: http://www.kabc.org/pdfs/resources-for-best-long-term-care-Spanish.pdf

KABC appreciates each of these funding sources for supporting such worthwhile projects.
Thanks to these Members & Contributors, KABC was able assist over 8,000 consumers. Our regular supporters make it possible for us to help families making difficult placement choices. The following list represents all KABC paid members and contributors as of December 31, 2011. Endowment Founders are in a **bold font**.

### Cerfers/Sustaining Members
- Pauline Alexander
- Portia Allbert
- Arrowood Lane
- Ann Aschenbrenner
- **Deanne & Lou Bacco**
  - Jill Baker
  - Marianna Beach
  - James L. Beckwith
  - Jerry Bell
  - Judy & John Bellome
- Susie Beninga
- John & Bert Berkley
- Andrea Bozarth
- Barbara & Mick Braa
- Janet Butterly
- Pauline Butterly
- **Cerf-Dunbar Foundation**
  - Cherryvale Nursing Center
  - Robert & Cynthia Claus
- **J. T. Compton/ABC Foundation**
  - Nancy & Wayne Cottril
  - Charley & Lynn Crabtree
  - Fred S. Craig
- Una & Morton Creditor, MD
- **Warren Culver**
- **Evie & Bob Curtis**
  - Bill Cutler
- **William Dann**
  - JW & Florence Drury
  - Janet Dunn
- Mrs. Terry Edwards
- Evergreen Community of Johnson Co
- Elder Disability Law Firm
- Hilda Enoch
- Dr. James & Sara Farley
- **Margaret Farley & Ron Schneider**
  - Marlene Finney
  - Helen Gilles
  - Ms. Charlee Glinka
  - Margaret S. Gordon
- Marilyn & Roy Gridley
- Jackie Hadl-Fromm
- Nancy & Bill Hambleton
- Philip Hemphill
- Emily Hill
- **Stephen & Marcia Hill**
  - Wyatt Hundley
  - Tina Huntington
- Brock Jones
- **Elizabeth Dann Jones**
  - Shannon Jones
  - Lee Ketzel
  - Jean Krahm
  - Lakepoint Nursing Center, Augusta
  - Lakepoint Nursing & Rehab, ElDorado
  - Andrea Leavitt
  - Alice Leonard
  - Mr. & Mrs. Herb Lewis
  - Bill & Jeanine Lienhard
  - Linda Lobb
  - Dr. Joan Loehr & Dr. Jerry Howell
- **Eloise Lynch**
- **Suzanne McColl**
  - Imo McCosh
  - Dr. H.R. McFarland
  - Mitzi E. McPatrick
  - Meadowlark Hills
  - Lynn Megaffin
  - Midland Hospice Care
  - Medicalodges, Inc.
  - Mark R. Moffitt
  - Alton Morey
- Sally M. Morse
- **Earl Nehring**
  - Nancy Nehring
  - Neil & Maria Nehring
  - Will Orvedal
  - Laurie Pigg
  - Val Quant
  - Mary Rack
  - Jeanne Reeder
- **Cathy Reinhardt**
  - Warren H. Robinson
  - Emily Russell
  - Carol & Harold Sader
  - Barbara & Richard Schowen
  - Dan Shanelec
  - Artie Shaw
  - Brad Sibley
  - Simpson Foundation
  - Robert Simpson
  - Fred & Lilian Six
  - Beverly Smith Billings
  - John Solbach
  - Solomon Valley Manor
  - Ann Stern
  - Linda & John T. Stewart III
  - Mrs. G. W. Swift
- Jeff Tevis
  - Barbara & Art Thomas
  - Peter & Judith Thompson
  - Ruth Tomasek
  - Eleanor Unruh
  - Mark Vollmer
  - Thomas L. Wagstaff
  - Ruth Warren
  - Rebecca Wempe
  - Windsor Place
  - Julia Wood
- **Molly M. Wood**
  - Ina Kay Zimmerman
  - Richard & Diane Zinn

### Individual Members
- Lorin Albin
- Steven R. Anderson PA
- Bill & Ann Baldock
- Myrna Bartel
- Rodney L. Bishop, MD
- Alvin Camblin
- Dr. Rosemary Chapin
- Loa Copp
- Ann Cudd & Neal Becker
- Dr. & Mrs. Gene Curtis
- Barry & Patricia Daneman
- Michael & Gay Doudoroff
- Donna Gould Cohen & Larry Cohen
- Carol Grieb
- Barb Helm, ARCare, Inc.
- Janet Ikenberry
- Stacy J. Jansson
- Jill Johnson
- Nancy Jorn
- Kerry Jane Kapfer
- Tom Klammer
- John Kurtz
- Nialson & Karen Lee
- Trishia Martin
- Linda Mason
- Marilyn & George McCleary
- Martha J. Morley
- Joan Orr
- Project Lively
- Tracy Rhine
- John & Valerie Roper
- Barbara & Joseph Sabol
- South Central KS AAA
- Letty Scill
- Peggy Strong
Current members and contributors (continued)

Ann Awarts
Mary Tritsch
Linda Upstill
Gary Ward
Gwen Whitebread
Roger K. Wilson
Mark Wolfson
Judy Wright

Senior Members
Elvira & Richard Angeletti
William Arnold
Sue Bayer
Gary Beasley
Marilyn Bradt
Marilyn Chamberlin
Lois Clark
Carol Clifford
Anne Cowan
W. Hobson & Helen Crockett
Stephanie Dahlberg
Marilyn & Jack Dillon
David Dinneen
Jean Drumm
Eva Edmants
Swen Elliott
Oliver Finney
J. Robert Fluker
Richard Gegen
Shirley Sue Gordon
Janet Griffith
Della M. Hadley
Bonnie L. Haslouer
Elizabeth Haverfield
Alice Hayes
Patricia Healy
Dick & Sue Himes
Verlin Ingram
Barbara James
Judith Johnson
Jill Kleinberg
Rose & Lyle Koerber
Robert & Betty Lichtwardt
Carolyn Litwin
Jean Lukehart
Jean Marchand
Beverly McGill
Jesse & Alversa Milan
Trish Moore
John & Patricia Muntz
Jo Nedrow
Richard & Alice Noakes
Helen Poland
Linda Polson
Laurance & Johanna Price

Robert Renich
Christopher & Deltie Riggs
Harlan & Sidney ROedel
Marian Root
Doris M. Schultz
Virginia Seaver
Dian Simpson
Barbara Smith
Violet Smith
Jerrold Spady
Laura & Arlo Sporer
Charles Transier & Mary Miller
Pearl Stonebraker
John & Joan Strickler
Sue Suhler
Forrest & Donna Swall
Donna Thonen
Linda Troxel
David W. Walker
Patsy Walz
Marian Warriner
Patricia Williams
WJ & Rosemary Williamson
Vivian Wood
George & Carol Worth

Life Members
Betty Anderson
Bea Bacon
Jean Cowles
Frances Fischer
Barbara Heng
Violet Hurlock
Mr. & Mrs. Harlan Jennings
Walter Martz
Charles Michener
Lucille Mitchell

Contributors & Other Friends
Deborah Adams & Daniel Donica
Amy Blankenbiller
Cans for the Community
Grace Carmody
Kerry Bower Chapman
Barb Conant
CornerBank
Joan Craig
Peter & Virginia Curran
Lowell Davis, State Farm Ins.
Emily Donaldson
Marcy Francisco
Rebecca & Joe Gant
Goodwin & Shirley Garfield
Karen Henry
John & Nancy Hiebert
John E. Isom/Fabulous Torque’s
Paul Kincaid, DDS
David Kingsley
David & Barbara Lowenthal
Karin Pagel-Meiners
Dr. Lorne & Norma Phillips
Sarah Potter
Roxanne Rachlin & Shane Lillich
Catherine Hale Robins
R. C. Rutledge
Julie & Bruce Sergeant
Audrey Kamb Studdard &
John Studdard
Topeka Community Foundation
Melissa Transue
Belinda Vierthaler
Peter Whitenight
Wyandotte United Methodist Women

South Central KS AAA
Southwest KS AAA
The Legacy at Park View
The Shepherds Center
Trinity In-Home Care
Twin Oaks Assisted Living
Via Christi Village
2011 Financial Report

2011 Major Contributors

Our list of contributors continues to grow each year. We are very appreciative to the generous individuals who support KABC’s mission and advocacy work. Here, we recognize those who provided substantial support during 2011.


Net assets restricted for purpose               25, 758
Net assets restricted for purpose                                             (25,758)
Increase in temp. restricted net assets                 1,123

Expenses
Program $ 137,226
Management/General 18,118
Fundraising 6,068
Member Development 5,321
Total Expenses $ 166,733

Decrease in unrestricted net assets $ (14,816)
Temporarily restricted net assets (Grants/Endowments) 26,881
Net assets restricted for purpose (25,758)
Increase in temp. restricted net assets 1,123
Decrease in net assets (13,693)

Net Assets as of Jan. 1 2011 162,105

Net Assets, as of Dec.31 2011 $ 148,412

Total Current Liabilities $ -0-
Net Assets
Unrestricted $ 14,917
Temporarily Restricted 133,495
Total Net Assets $ 148,412

Total Liabilities & Net Assets $ 148,412

Unrestricted Revenue
Contributions $ 107,046
Memorials 4,820
Membership Dues 10,760
Endowment Investment Income 2,484
Misc. Income 105
In-kind donations 3,566
Interest Income 176
Unrealized loss on investments (2,798)
Total unrestricted revenue, gains, losses $ 126,159
Net assets restricted for purpose 25,758

Total unrestricted revenue and net assets released from purpose restrictions $ 151,917

ASSETS
Current Assets
Cash-checking $ 4,750
Money Market 7,537
Total Current Assets $ 12,287
Other Assets
Endowment Fund 133,495
Equipment $ 15,575
Less accumulated depreciation (12,945)
Property & Equipment, net $ 2,630
Total Assets $ 148,412
KABC works in many ways to assist and educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers, and adult care home staff who attend grant-related training sessions. KABC engages in public policy advocacy to improve the quality of long-term care.

<table>
<thead>
<tr>
<th>Assistance Provided</th>
<th>2011</th>
<th>2010</th>
<th>2009</th>
<th>2008</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for assistance (from our toll-free number &amp; via email)</td>
<td>659</td>
<td>754</td>
<td>596</td>
<td>758</td>
</tr>
<tr>
<td>Website visits to access information</td>
<td>5,296</td>
<td>5,025</td>
<td>4,191</td>
<td>4,933</td>
</tr>
<tr>
<td>Facebook activity-”Likes” thru Dec.</td>
<td>61</td>
<td>—</td>
<td>—</td>
<td>—</td>
</tr>
<tr>
<td>Total newsletters sent (5 times/year to members, contributors, and legislators)</td>
<td>4,315</td>
<td>4,355</td>
<td>3,800</td>
<td>3,645</td>
</tr>
<tr>
<td>Attendees at training sessions</td>
<td>2,115</td>
<td>1,199</td>
<td>920</td>
<td>1,300</td>
</tr>
<tr>
<td>Testimony presented to legislature</td>
<td>10 bills</td>
<td>11 bills</td>
<td>13 bills</td>
<td>15 bills</td>
</tr>
</tbody>
</table>

THANK YOU to KABC volunteers and members who provide a considerable amount of time and energy to improve elder care. Their combined efforts totaled more than 550 hours in 2011 and went toward participating in public policy testimony, training to caregivers and community leaders, as well as assisting at the KABC office to get out critical information to individuals and the media. In addition, VISTA Volunteer Leah Noakes spent 2,300 hours in her efforts to create the Kansas Go-To Guide, and organize advocacy and outreach presentations across the State.
Membership by County


2011 Public Policy Advocacy

Throughout 2011 KABC members, volunteers and staff worked to ensure lasting and positive public policies that govern long-term elder care in Kansas and nationally. During the year, KABC offered testimony at 24 legislative hearings, including on these bills:

- KABC drafted and championed legislation that would require a much improved level of nursing care for elders in nursing homes.
- KABC championed legislation that would provide access to Geriatric Mental Health, create a new Dental Practitioner license to allow older adults better oral care, and create an Ombudsman to advocate for persons living at home and receiving long-term care services.
- KABC spoke in favor of funding for long-term care services and supports for low-income elders.
- KABC opposed legislation that would raise the number of persons allowed in a Home Plus assisted living from 8 up to 12 persons.

KABC welcomes and appreciates comments and suggestions from our members. If you or a loved one would like to share stories of how long-term care issues have affected your life, we'd like to hear from you. We will continue to keep elected officials aware of the concerns and wishes of our members and interested citizens.

Acknowledgments

Kansas Advocates would like to thank the following businesses and individuals who have volunteered substantial time and/or services to further KABC projects throughout 2011:

- **William Dann**, KABC’s “Guardian Angel”, for his continued commitment to our mission.
- **Barbara Braa & Evie Curtis** for training 400+ nursing home staff to prevent elder abuse.
- The Fabulous Torque’s for providing entertainment at the “Stand By Me” fundraiser.
- **Leah Noakes** for her dedication to creating the “Go-To Guide” and for helping enhance KABC’s advocacy.
- Steve & Kelly Wildeman, owners of American Presort, for generously providing mailing services for the KABC newsletters.
- Special thanks to the KABC volunteer Board of Directors.
Kansans and long-term care are at an important crossroads. An increasing number of us are entering a time of life when we’re more likely to need long-term care. Most of us don’t want to live in a nursing home, but our state lacks enough home-based supports and services that are both affordable and easily accessible across the state to provide the help we need in our homes.

Governor Brownback is proposing that all Medicaid funded long-term care for seniors, persons with disabilities, children and others, go under three private managed care companies. KABC and other advocates have raised many concerns about this approach. How Kansas handles this will impact what each of us have or don’t have in the way of good quality care when we need it, and protection when we don’t receive it.

Kansas Advocates for Better Care is filling a critical role as a strong voice for older Kansans and for good long-term care. KABC is raising these important issues for discussion with the Governor, law makers and Kansas citizens, by training staff in adult care homes along with family caregivers, and by helping older adults, facility staff, law enforcement and bankers identify and report elder abuse and neglect. How KABC and you are able to make our concerns heard will have a direct result on whether we have the good care we want and need, for ourselves and those we love for the next 20 to 30 years.

KABC invites you to let us hear what you want - what is working and not working for long-term care in your community - what we can do together to make sure there is enough care and of good quality care so that we do not lose ground on the important gains we’ve made over the past 37 years in Kansas.

Thanks to your support, KABC is able to speak up with the strength of many voices for public policies that improve long-term care here in Kansas. While there have been many successes, we have big challenges directly ahead of us. What our future looks like is up to us.

**KABC believes good care for our future looks like:**
- Stopping the abuse and neglect of elders, and providing assistance to older adults who fall victim.
- More nurses and nursing staff in nursing homes.
- Services and supports that let us age in our homes.
- A community ombudsman program to advocate for seniors at home as they now do in nursing homes and assisted living.

**We want these things for older adults, NOW.**
Most people try not to think about nursing homes… that’s why we think about them every day.

My $ _______________ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to __________________________________________________________

General contribution _____ KABC Endowment Fund _____
Harriet Nehring Education Fund _____

KABC is a 501(c)(3) non-profit, as identified by the IRS. Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans. All contributions are tax-deductible, as provided by law.

Name__________________________________________________________________________________

Address ________________________________________________________________________________

City, State ________________________________________________ Zip _________________________

Make checks payable to Kansas Advocates for Better Care and return to:

913 Tennessee, Suite 2       Lawrence, KS 66044