

Making Elder Care Better Since 1975

**Kansas Advocates
for
Better Care**



Annual Report January - December 2010

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Kansas Advocates for Better Care Annual Report 2010

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Mitzi E. McFatrach

Year in Review

2010 was a very good year for KABC, filled with positive energy from members, contributors, board and staff. We celebrated **Petey Cerf** and her relentless determination to improve long-term care in Kansas nursing homes 35 years ago. Our **35th annual meeting** was held at the Statehouse on September 10th; a place that KINH/KABC was not often welcomed in its early days of advocacy. We publicly acknowledged and thanked our surviving founders, **Lee Ketzell** and **Lillian Sudlow** of Lawrence, **Katie Pyle** of Topeka, **Anna Reed** and **Bonnie Haslouer** of Abilene, **Imo McCosh** of Emporia. They inspired us with their shared memories of the need for change and their actions that made it happen. Because of their actions, Gov. Bob Bennett toured Kansas nursing homes. The founders launched *real change* - hearings were held and laws and regulations were created to strengthen consistent enforcement of health and safety rules, and provide responsible oversight. We continue to follow the lead of these amazing advocates; reaching across the state to build strength for change, provide services to those in need, and keep Kansas elders at the forefront of long-term care advocacy.

In our newsletters, we highlighted what Kansas Advocates - its members and leadership - have accomplished, including KABC executive directors Harriet Nehring, Margaret Farley, and Deanne Bacco.

Harriet Burgess Nehring was one of the original advocates who demanded change, and became our first Executive Director in 1975. Her 15-year tenure saw significant improvements in the care elders received, the training workers were provided and the enforcement and oversight nursing homes received. All were a direct result of persistent advocacy by Kansans for the Improvement of Nursing Homes (KINH now KABC). Harriet and Petey's commitment extended to elders everywhere - they were co-founders of the National Citizens' Coalition for Nursing Home Reform - NCCNHR (now the National Consumer Voice).

Margaret Farley met Petey and Harriet at a conference where they were speaking about poor care in Kansas nursing homes, and joined KINH's board in the early 1980's. She led KINH/KABC as executive director from 1990-96. During her tenure, new federal regulations were implemented (Nursing Home Reform Act - OBRA '87) and civil monetary penalties were imposed on nursing homes who did not maintain appropriate care and quality. KABC worked for initiatives such as the state ombudsman program. Margaret now serves as KABC board president, and continues to actively pursue good quality care for Kansans receiving long-term care.

Deanne Bacco was KABC's Executive Director from 1998-2007. Deanne was licensed as a nursing home administrator. Her interest in better care led her to KABC, to focus on quality of care for frail Kansans. Petey passed away in 1996, and KABC was experiencing financial struggles without her financial support. Deanne came on board at a time of transition and her leadership strengthened KABC.

Our journey began in 1975, with **Petey** and a small group of citizens who were deeply concerned about the poor care and indignities suffered by elders in nursing homes. In 2010 our journey continues. We look to the past for wisdom and inspiration and use it to power forward with determination and passion to make our vision of quality care for every Kansas elder an everyday reality.

Grant-Funded Projects

Training Nursing Home Staff on Better Care

The Kansas Department on Aging awarded KABC a Workforce Enhancement grant in 2010. During the year, Executive Director Mitzi McFatrach teamed up with regional Ombudsman to provide training on “Promoting Resident-Centered Care” to 639 persons at 15 facilities across Kansas. Residents and family members were encouraged to participate. The booklet used in these presentations is available online:

www.kabc.org/pdfs/promoting-resident-centered-care.pdf

Preventing Abuse, Neglect & Exploitation

Thanks to a Preventing Abuse, Neglect & Exploitation (PEANE) grant from the Kansas Department on Aging, Isla Richards RN, and KABC volunteer board members Evie Curtis and Barbara Braa presented information on preventing elder abuse and financial exploitation in nine nursing homes across Kansas. Isla, Evie and Barbara reached 460 people, most of whom were nursing home staff. A number of residents, family members, local banking and law enforcement officials, regional and volunteer ombudsmen and other community leaders also participated.

The Sunflower Foundation & CNCS

The Sunflower Foundation of Topeka, and the Corporation for National & Community Service (CNCS) each awarded KABC grants for “Volunteer Leadership & Grassroots Advocacy” capacity building. With these grants, KABC recruited AmeriCorp VISTA, Leah M. Noakes, to launch a year-long outreach and advocacy project. The project goal is to train new advocates in and increase public awareness of long-term care needs and services. The project runs November 2010 through October 2011.

The National Consumer Voice

KABC was one of only three consumer advocacy organizations nationwide to be selected for a grant from The National Consumer Voice in Washington, DC. The grant was to fund development of a long-term care resource guide for consumers. The result was the Kansas Go-To Guide, a resource for long-term care advocacy and services for folks with disabilities as well as aging and veterans populations. VISTA Leah M. Noakes was largely responsible for compiling this one of a kind resource that has become a national model for other states in creating a similar state guide.

Harriet Nehring Education Fund

In 2009, KABC received a grant from the Interest on Lawyers Trust Account (IOLTA) to produce a guide to civil legal issues, “The Law of Care-No Matter Where.” Thanks to Earl Nehring’s generosity in establishing the Harriet Nehring Education Fund, KABC volunteer board members and co-authors Margaret Farley and Molly M. Wood trained 100 lay advocates in Topeka and Salina to identify and act on civil legal concerns.

KABC appreciates each of these funding sources for supporting such worthwhile projects.

Current members and contributors

Thanks to these Members & Contributors, KABC was able assist 6,000 consumers.

Our regular supporters make it possible for us to help families making difficult placement choices. The following list represents all KABC paid members and contributors as of December 31, 2010. "Cerfer" members are underlined.

Endowment Founders" are in a **bold font**.

Aberdeen Village
Jim & Barbara Albrecht
Pauline Alexander
Portia Allbert
Betty R. Anderson
Richard & Elvira Angeletti

Anonymous donor

William Arnold
Arrowood Lane
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Ann Aschenbrenner

Deanne & Lou Bacco

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Barbara Bailey
Sandy Baker-Adams
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Bethany Home Association
Alta Bingham
Rodney Bishop
Amy Blankenbiller
Elizabeth Bowen
Andrea Bozarth
Barbara & Mick Braa
Marcene Braa
Marilyn Bradt
Butler Co. Dept. on Aging
Janet Buttery
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W. Hobson & Helen Crockett
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Warren Culver
Peter & Virginia Curran

Evie & Bob Curtis

Bill Cutler
Barry & Patricia Daneman
William Dann
Robert & Kay Davis
Stanley & Alice Jo Defries
Sonia Derousseau
Marilyn & Jack Dillon
David Dinneen
Disability Rights Center of Kansas
Emily Donaldson
Michael & Gay Doudoroff
Jean Drumm

JW & Florence Drury

Janet Dunn
East Central KS AAA
Eva Edmands
Irene Edwards
Terry Edwards
Elder & Disability Law Firm
Gwen Elliott
Elmhaven Nursing Homes

Hilda Enoch

Robert & Anita Epps
John & Susan Esau
Evergreen Community of Johnson Co.
James & Sara Farley

Margaret Farley & Ron Schneider

Marlene Finney
Oliver Finney
Frances Fischer
Jack & Marianna Floyd
J. Robert Fluker
Sen. Marci Francisco
William E. Franklin
Dorothy Fritzel
Robert Fullman

Garden Terrace of Overland Park
Garden Valley Retirement Center
Sidney A. Garrett
Kathy Geese
Richard Gegen
Reba George
Denise German
Helen Gilles
Good Samaritan-Dodge City
Good Samaritan-Sherman County
Margaret S. Gordon
Shirley Sue Gordon
Donna Gould Cohen & Larry Cohen
Martha Graber
Annette Graham
Mary K. Greenwood
Marilyn Gridley
Della Hadley
Jackie Hadl-Fromm
Alan Hanson
Robert & Dottie Harder
Bonnie Haslouer
Elizabeth Haverfield
Alice Hayes
Patricia Healy
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Barb Helm
Philip Hemphill
High Plains Retirement Village
Emily Hill

Stephen & Marcia Hill

Dick & Sue Himes
James K. Hitt
Alice Hixson
Maryam Hjersted
Elma Holder
Wyatt Hundley
Tina Huntington/Wall Trial Law
Nora Hutchison
Janet Ikenberry
Verlin Ingram
Barbara James
Donald Janes
Jewish Community Women
Jill Johnson
Judith Johnson
Brock Jones
Elizabeth Dann Jones
Shannon Jones
Nancy Jorn

Current members and contributors *(continued)*

KS Assn of Homes & Services for the Aging
 KS Foundation for Medical Care
 Kansas Health Care Association
 Kerry Jane Kapfer
 Mark Kern
Lee Ketzell
 Paul & Gwyn Kitos
 Jill Kleinberg, PhD
Jean Krahn
Graham Kreiker
 John & Susan Kucharo
Lakepoint Nursing & Rehab
 Lakeview Village
 Judy Lambert
 Lawrence Presbyterian Manor
 Andrea Leavitt
Leavenworth Co. Council on Aging
 Legacy at Parkview
 Travis Lenker
Alice Leonard
 Leonardville Nursing Home
Mr. & Mrs. Herb Lewis
 Robert & Betty Lichtwardt
 Alice Lieberman
Bill & Jeanine Lienhard
 Linn Community Nursing Home
 Carolyn Litwin
Joan Loehr & Jerry Howell
 David & Barbara Lowenthal
W. Max Lucas
 Jean Lukehart
Eloise Lynch
 Jean Marchand
 Robert Marrin
 Linda Mason
 Sharon Mayo
 Marilyn & George McCleary
 Lynn Megaffin
Suzanne McColl
Imo McCosh
H.R. McFarland
Mitzi E. McFatrigh
 Beverly McGill
Toby McIntosh
Meadowlark Hills Retirement
Midland Hospice Care
 Jesse & Alversa Milan
 Leslie Miller
 Mary M. Miller & Charles Stansifer
 Anne Mitchell
 Lucille Mitchell
Medicalodges, Inc.
 Mark Moffitt
 Rachel Monger
 Trish Moore
 Alton Morey
 Martha J. Morley
 Don Morris
 Sally Morse
 Mount Joseph Senior Community
Don Mueller
 Jo Nedrow
Earl Nehring
Nancy Nehring
Neil & Maria Nehring
 Harve & Jody Newlin
 Jennifer Newlin
 Brian Niceswanger
 North Central/Flint Hills AAA
 Vern Norwood
 Charmaine Oesterreich
Will Orvedal
 Park Lane Nursing Home
 Laurie Pigg
 Pleasant View Home
 Helen Poland
 Linda Polson
Pat Pomeroy/Kansas Castings
 Prairie Senior Living Complex
 Laurance & Johanna Price
Val Quant
Mary & Dave Rack
Jeanne Reeder
Cathy Reinhardt
 Roberta Renich
 Tracey Rhine
 Isla Richards
 Right at Home
 Christopher & Deltie Riggs
 Riverview Estates
 Bess Robinson
 Joe Robinson
Warren H. Robinson
 Marian Root
 John & Valerie Roper
Emily Russell
Carol Sader
 Richard & Phyllis Sapp
Richard & Barbara Schowen
 Doris Schultz
 Paul Schumaker
 Jim & Virginia Seaver
 Loretta J. Seidl
 Dan Shanelec
 Roberta Sharp
Arthur Alan Shaw
 Shawnee Mission Medical Center
 The Shepherd's Center
 Robert Shmalberg
Brad Sibley
Simpson Foundation
 Diane Simpson
Fred & Lilian Six
 Barbara Smith
Beverly Smith Billings
 John Solbach
Solomon Valley Manor
 South Central AAA
 Jerrold Spady
 Arlo & Laura Sporer
Linda & John T. Stewart III
 Rex & Laura Stewart
 John & Joan Strickler
 Pearl Stonebraker
 John & Audrey Kamm-Studdard
 Peggy Strong
 Forrest & Donna Swall
Carolyn Swift
 Jeff Tevis
 Art & Barbara Thomas
 Donna Thonen
Ruth Tomasek
 Topeka Community Foundation
 Donna Travis
 Trinity Manor
 Linda Troxel
 Twin Oaks Assisted Living
Eleanor Unruh
 Linda Upstill
 Via Christi Village
Mark Vollmer
 David Walker
 Patsy Walz
 Gary Ward
Ruth Warren
 Marian E. Warriner
 Weaver's Department Store
Rebecca J. Wempe
Peter Whitenight
 Patricia Williams
 WJ & Rosemary Williamson
 Roger K. Wilson
Windsor Place, LLC
 Mark Wolfson
Julia Wood
Molly M. Wood
 Vivian Wood
 George & Carol Worth
 Judy Wright
 Wyandotte Co. AAA
Ina Kay Zimmerman
 Judy Zinn
Richard & Diane Zinn

2010 Major Contributors

William Dann
 Estate of Pauline Beatty
 Earl Nehring
 J.T. Compton/ABC Foundation
 Mitzi E. McFatrigh
 Molly M. Wood
 Cerf/Dunbar Foundation
 William E. Franklin
 Topeka Community Foundation
 Betty Bowen
 Evie & Bob Curtis
 Linda & Chuck Carlsen
 Barbara & Mick Braa
 Janet L. Buttery
 Ina Kay Zimmerman
 Linda Mason
 Pauline Buttery
 Sara S. Dean/Simpson Foundation
 Elizabeth Dann Jones
 Arthur Alan Shaw
 Judy & John Bellome
 Jean Krahn
 Lee Ketzell
 Philip Hemphill
 Amy Blankenbiller
 Margaret Farley & Ron Schneider
 Jennifer Newlin
 Dr. James & Sara Farley
 Nancy & Wayne Cottril
 Marlene Finney
 Deanne & Lou Bacco
 JW & Florence Drury
 Julia T. Wood
 Linda & John T. Stewart III
 Brad Sibley
 Alice Jo & Stanley Defries
 Jeanne Reeder
 Bill Cutler
 John Solbach
 Herb & Irene Lewis
 Cherryvale Nursing Home
 Weaver's Dept. Store
 Shawnee Mission Medical Center
 Mark Vollmer

2010 Financial Report

ASSETS

Current Assets	
Cash-checking	\$ 4,978
Money Market	<u>20,574</u>
Total Current Assets	<u>\$ 25,552</u>
Other Assets	
Endowment Fund	\$ 134,618
Equipment	\$ 13,672
Less accumulated depreciation	<u>(11,737)</u>
Property & Equipment, net	\$ 1,935
Total Assets	<u>\$ 162,105</u>

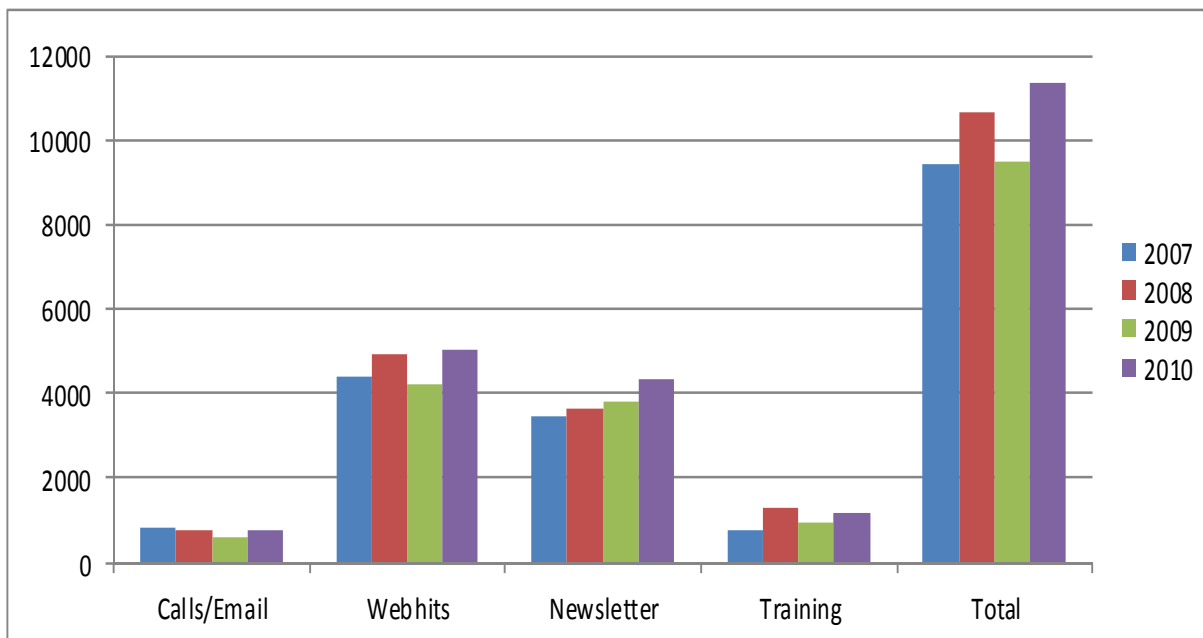
LIABILITIES & NET ASSETS

Total Current Liabilities	<u>\$ -0-</u>
Net Assets	
Unrestricted	\$ 27,487
Temporarily Restricted	<u>134,618</u>
Total Net Assets	\$ 162,105
Total Liabilities & Net Assets	<u>\$ 162,105</u>
Unrestricted Revenue	
Contributions	\$ 130,825
Memorials	3,445
Membership Dues	9,379
Endowment Investment Income	1,936
Misc. Income	313
Annual/Board Meeting	490
Interest Income	601
Unrealized gain on investments	<u>3,714</u>
Total unrestricted revenue, gains, losses	\$ 150,703
Net assets restricted for purpose	24,051
Total unrestricted revenue and net assets released from purpose restrictions	<u>\$ 174,754</u>
Expenses	
Program	\$ 129,863
Management/General	17,544
Fundraising	6,119
Member Development	<u>5,194</u>
Total Expenses	<u>\$ 158,720</u>
Decrease in unrestricted net assets	\$ 16,034
Temporarily restricted net assets (Grants/Endowments)	32,180
Net assets restricted for purpose	(24,051)
Increase in restricted assets	8,129
Increase in net assets	24,163
Net Assets as of Jan. 1 2010	137,942
Net Assets, as of Dec.31 2010	<u>\$ 162,105</u>

Information & Services Provided

KABC works in many ways to assist and educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers, and nursing home staff who attend grant-related training sessions. KABC engages in public policy advocacy to improve the quality of long-term care.

Assistance Provided	2010	2009	2008	2007
Requests for information (from our toll-free number & via email)	754	596	758	842
Website visits to access information	5,025	4,191	4,933	4,408
Total newsletters sent (5 times/year to members, contributors, and legislators)	4,355	3,800	3,645	3,450
Attendees at training sessions	1,199	920	1,300	750
Testimony presented to legislature	11 bills	13 bills	15 bills	7 bills



THANK YOU to KABC volunteers and members who provide a considerable amount of time and energy to improve elder care. Their combined efforts totaled more than 200 hours in 2010 and went toward participating in public policy testimony and training to caregivers, as well as to assisting the office with getting out critical information to individuals and the media.

**Membership by
County**

Allen
 Barton
 Brown
 Butler
 Chase
 Chautauqua
 Cherokee
 Clay
 Cloud
 Coffey
 Cowley
 Crawford
 Dickinson
 Douglas
 Edwards
 Elk
 Ellis
 Finney
 Ford
 Franklin
 Gove
 Grant
 Gray
 Greenwood
 Harper
 Harvey
 Jackson
 Jefferson
 Johnson
 Kearny
 Kingman
 Labette
 Leavenworth
 Linn
 Logan
 Lyon
 Marion
 McPherson
 Miami
 Montgomery
 Neosho

2010 Public Policy Advocacy

Throughout 2010 KABC members, volunteers and staff worked to ensure lasting and positive public policies that govern long-term elder care in Kansas and nationally.

- Centers for Medicare/Medicaid Services to produce reliable nurse staffing information for the national 5 star rating system. Written and in-person testimony.
- Nursing Home Provider Tax bill to Kansas legislature. Written testimony and in-person advocacy; Passed in 2010, KABC received statutory appointment to the Provider Assessment Advisory Panel to advise the Secretary on Aging on funding distribution and quality improvements for residents in Kansas nursing homes.
- Supported funding of aging services to Kansas legislature. Written & in-person testimony.
- KDOA regulations governing nursing home physical operations. In-person advocacy.
- Support for criminal background checks and limits on employment for adults (including juvenile offenses) providing care to seniors in adult care homes. Written and in-person testimony. Passed in 2010.
- Health and Human Services written testimony in support of greater transparency to consumers regarding nursing home owners and ownership. One provision of national health care reform.
- Long-Term Care Ombudsman for persons living in the community. Continued advocacy for legislation introduced in 2009; not passed.
- “Apology Bill” (two versions) to allow providers of healthcare and others to apologize for mistakes and misdeeds. KABC testified in opposition to the bill that would not allow an innocent and injured person to use a statement of misdeed or mistake from the person responsible in a lawsuit. Written and in-person testimony, not passed.

Acknowledgments

Kansas Advocates would like to thank the following businesses and individuals who have volunteered substantial time and/or services to further KABC projects throughout 2010:

- William Dann for his deep commitment to KABC
- The Fabulous Torque’s for providing entertainment at the “Stand By Me” fundraiser
- Barbara Braa & Evie Curtis for training 400+ nursing home staff to prevent elder abuse
- Steve & Kelly Wildeman, owners of American Presort, for generously providing mailing services for the KABC newsletters
- Betty Bowen, Charles Cerf, JT Compton, Earl Nehring for their substantial support of KABC’s mission
- Each of the 650 members who support KABC’s mission

Special thanks to the KABC board of directors volunteers.

35 Years & Looking Ahead

The opportunities and challenges immediately ahead of us will absolutely change the landscape for elders and adults needing long-term care in Kansas. On the horizon:

- Passage of Senate Bill 184 – KABC’s bill in the KS Legislature to raise the hours of nursing care for every elder to 4.5 hours of care every day, up from the current bottom of 2 hours per day in nursing homes
- Implementation of National Health Care Reforms that will affect every Kansan including elders:
 - * Stronger actions to prevent and prosecute elder abuse and exploitation
 - * Substantial reforms of Medicare and Medicaid
 - * More opportunities to receive long-term care at home not institutional setting
- Significant changes to KS Medicaid that will impact access and services available to low-income elders and disabled adults, proposed by the new Governor
- New Leadership at the Kansas Department on Aging and Social and Rehabilitation Services, appointments by the Governor
- Expanding the Long-Term Care Ombudsman program beyond adult care homes to provide advocates for persons living at home

Change represents the possibility for improvement or decline. KABC and its members will pursue our goal of good quality long-term care in the setting of one’s choice for Kansas elders and disabled adults. To insure improvement KABC will:

- Speak up for the needs of elders in KS to state and national elected and appointed officials
- Help individuals with information needed to assess good services and settings for adult care homes or providers in Kansas
- Assist persons with problems they have with a care provider or facility
- Train paid and family/friend caregivers to better prevent, identify, or intervene in elder abuse and neglect, and to provide better care for elders who need care
- Strengthen our collective voice for Kansas elders by reaching out to add new voices who want to improve the quality of care - recruit new KABC member advocates and expand partnerships with organizations sharing our desire to improve the quality of care

With your help KABC will continue to be the strong advocate for good quality care for elders. Without your help, the hard-won gains for better care will be lost. Your gifts make the difference. KABC relies exclusively on private contributions to assist individuals and do Outreach & Advocacy. In 2010 KABC responded to 6,000 individuals. In 2010, KABC was blessed by a gift from the Pauline Beatty Estate, made to help KABC continue work she believed in.

Osage
Osborne
Pottawatomie
Reno
Rice
Riley
Rooks
Saline
Scott
Sedgwick
Seward
Shawnee
Sherman
Sumner
Thomas
Wabaunsee
Wyandotte



Out of State

Arizona
California
Colorado
District of Columbia
Florida
Illinois
Maryland
Minnesota
Mississippi
Missouri
New Jersey
New York
Ohio
Oklahoma
Pennsylvania
Rhode Island
Tennessee
Texas
Virginia
Washington
British Columbia



**Kansas Advocates
for
Better Care**

Formerly Kansans for Improvement of Nursing Homes



Annual Report Produced by: Mitzi E. McFatrach, Executive Director and Lenette Hamm, Office Manager
Financial information taken from the 2010 Audit prepared by: Unger & Associates.

Most people try not to think about nursing homes... that's why we think about them every day.

My \$ _____ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to _____

General contribution _____ KABC Endowment Fund _____

Harriet Nehring Memorial Fund _____

*KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.*

Name _____

Address _____

City, State _____ Zip _____

*Make checks payable to **Kansas Advocates for Better Care** and return to:*

913 Tennessee, Suite 2 Lawrence, KS 66044