

Making Elder Care Better for 35 Years

**Kansas Advocates
for
Better Care**



Annual Report January - December 2009

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Kansas Advocates for Better Care Annual Report 2009

2009

Board of Directors

President: Barbara Braa
Eudora, Trust Officer

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Lawrence, Clinical Psychologist

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Overland Park, Trust Officer

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Lawrence, Attorney

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Executive Director
Mitzi E. McFatrach

Office Manager
Lenette Hamm

Year in Review

Kansas Advocates for Better Care is focused on advocacy. In 2009 KABC assisted 6,000 individuals - elders, persons with disabilities, family members and caregivers. KABC heard the concerns raised by long-term care users and took those concerns to public policy makers to improve the quality of long-term care. KABC took the message of quality care to 30 nursing homes across the state in 2009.

With help from the Sunflower Foundation, KABC developed a five-year outreach and advocacy plan. Board members and staff together created a well-defined and dynamic strategic plan to expand grassroots advocacy and double the number of member/advocates. Implementation will result in greater awareness of the advocacy services KABC provides to consumers, and a broader distribution of member/advocates across Kansas.

KABC recognized Congressman Dennis Moore with the first "KABC Caring Award." The award recognizes a Kansan who has provided significant leadership for long-term care and aging needs. The award was given during KABC's benefit event "Stand By Me" in October.

Thanks to lawyers Molly Wood, Margaret Farley and Rachel Monger who volunteered their expertise and time, consumers have a new legal guide. "The Law of Care, No Matter Where." The Kansas Bar Foundation, Interest on Lawyers Trust Account (IOLTA) provided grant funding to print the guide.

Taking the messages of Person-Centered Care, Restorative Care, and Prevention of Abuse, Neglect and Exploitation to frontline workers and residents, KABC provided training at 30 Kansas nursing homes. Funding for the trainings came largely from Kansas Department on Aging grants. KABC reached over 900 people with content aimed at improving care for nursing home residents.

In 1975, Petey Cerf and a dedicated group of Kansans formed Kansans for Improvement of Nursing Homes (KINH) in response to what they found while visiting nursing homes statewide. They were deeply concerned by the poor quality of care and indignities suffered by the elders they saw. Together, these "pioneers" paved the way for better care, consistent enforcement of health and safety rules, and responsible oversight of all types of long-term care.

Now, nearly 35 years later, we are grateful to those who followed in Petey's footsteps. Kansas Advocates for Better Care continues down that same path. With leaders such as Harriet Nehring, Margaret Farley, Deanne Bacco and Mitzi McFatrach, KABC has grown and continues to be a strong voice for all vulnerable Kansans who receive long-term care services.

Grant-funded Projects

Training Nursing Home Staff on Better Care

The Kansas Department on Aging awarded KABC a “Workforce Enhancement” grant in 2009. From April through September, Isla Richards RN provided training on “Promoting Resident-Centered Care: Teaming Up to Make the Change” to 920 persons at 15 facilities across Kansas. Residents and family members were also invited to attend. The booklet used in these presentations is available online:

www.kabc.org/pdfs/promoting-resident-centered-care.pdf



IOLTA Grant



The Kansas Bar Foundation through a grant from the Interest On Lawyers Trust Accounts (IOLTA), funded the cost of printing a legal guide for consumers. “The Law of Care-No Matter Where” was written by Margaret Farley, Rachel Monger, and Molly M. Wood, Kansas lawyers who volunteered their time and expertise to provide the useful content contained within this guide. The questions in the guide are based on concerns raised to KABC by elders, persons with disabilities and family members. The guide addresses many aspects of long-term care, from home- and community-based services, assisted living facilities and nursing facilities. IOLTA funds also allowed this guide to be posted on the KABC website:

www.kabc.org/pdfs/2010-IOLTA-legal-guide.pdf

The Sunflower Foundation

KABC was awarded a capacity building grant in 2009 by The Sunflower Foundation in Topeka. These funds allowed KABC to secure additional expertise and assist us in creating a strategic plan for building our organization’s capacity. Our end goal - to engage more Kansans in advocating for long-term care concerns. Volunteers are helping to broaden the scope of our reach into the community and to strengthen our response for Kansas consumers of long-term care services.



KABC appreciates the
Kansas Department on Aging, The Sunflower Foundation,
and The Kansas Bar Foundation
for supporting these worthwhile projects.

Current members and contributors

THANKS to these **Contributors**, KABC was able assist 6,000 consumers.

Our members and contributors make it possible for us to help families making difficult placement choices. The following list represents all KABC paid members and contributors as of December 31, 2009. “Cerfer” members are underlined. “Endowment Founders” are in a **bold font**.

Aberdeen Village
 Karen Abraham & Guyan Stanley
 Thomas Albracht
 Jim & Barbara Albrecht
 Pauline Alexander
Portia Allbert
Alterra Clare Bridge Cottage
 Betty R. Anderson
 Richard & Elvira Angeletti

Anonymous donor

William Arnold
 Asbury Park
 Ann Aschenbrenner

Deanne & Lou Bacco

Bea Bacon
Barbara Bailey
Jill Baker
 Bank of America Foundation
 B. J. Baron
 Myrna Bartel
Ross & Marianna Beach
 John & Judy Bellome
 Susie Beninga
 Bethany Home Association
 Alta Bingham
 Erika Binns
 Bird Physical Therapy
 Rodney Bishop
 Harriet Bixenman
 Elizabeth Bowen
Barbara & Mick Braa
 Marcene Braa
Marilyn Bradt
Carolyn Brushwood
 Greg & Susan Bryant
 Butler Co. Dept. on Aging
Janet Buttery
Pauline Buttery
 Cynthia Capellari
Daisy Caress
Linda & Chuck Carlsen
 George Catt

Cerf-Dunbar Foundation

Marilyn Chamberlin
 Rosemary Chapin
 Chapman Valley Manor
 Kerry Chapman
Cherryvale Nursing & Rehab

Lois Clark
Robert & Cynthia Claus
 Carol Clifford
 Florence Close
 Community Care
JT Compton/ABC Foundation
 CornerBank, NA
Wayne & Nancy Cottril
 Tom Coulter, MD

Jean Cowles
 Janine Cox
Charley & Lynne Crabtree
 Fred Craig
Morton & Una Creditor
W. Hobson & Helen Crockett
 Ann Cudd & Neal Becker
Warren Culver
 Peter & Virginia Curran

Evie & Bob Curtis

Bill Cutler

William Dann

Bill Denio
 Martin Dickinson
 David & Nancy Dinneen
 Disability Rights Center of Kansas
 Mae Dobie
 Emily Donaldson
 Michael & Gay Doudoroff
Janet Dunn
JW & Florence Drury
 East Central KS AAA
 Elder & Disability Law Firm
 Eva Edmands
 Irene Edwards
 Terry Edwards
 Gwen Elliott
 Elmhaven Nursing Homes
Hilda Enoch
Robert & Anita Epps
 John & Susan Esau
Evergreen Community of Johnson Co.
James & Sara Farley

Margaret Farley & Ron

Schneider

Marlene Finney
 Oliver Finney
 Frances Fischer
 Jack & Marianna Floyd

J. Robert Fluker
 Michael Fox & Catherine Lyman
 Sen. Marci Francisco
Harold Friess
 Dorothy Fritzel
Robert Fullman
 Garden Terrace of Overland Park
Sidney A. Garrett
 Richard Gegen
 Reba George
Helen Gilles
 Good Samaritan-Dodge City
 Good Samaritan-Parsons
 Good Samaritan-Sherman County
 Margaret S. Gordon
 Shirley Sue Gordon
 Martha Graber
Annette Graham
 Mary K. Greenwood
 Keith A. Greiner
 Marilyn Gridley
 Della Hadley
Jackie Hadl-Fromm
Nancy & William Hambleton
 John T. & Elaine Hamm
 Marjorie Hazlett
 John Head & Lucia Orth
 Patricia Healy
 Jane Heide
 Barb Helm
Philip Hemphill
 High Plains Retirement Village
 Wayne & Dana Hild
 Emily Hill
Stephen & Marcia Hill
 Hilltop Manor
 Dick & Sue Himes
James K. Hitt
 Alice Hixson
Joseph Hollowell, Jr & Emily Russell
 Home Depot Foundation/Matching Gifts
 B&C Hougland Family Foundation
 Reinett Howell
 Tom Hynes
 Janet Ikenberry
 Verlin Ingram
 Barbara James
Donald Janes
 Mr. & Mrs. Harlan Jennings

Current members and contributors (*continued*)

Jewish Community Women
 Jill Johnson
 Judith Johnson
Brock Jones
Elizabeth Dann Jones
 Nancy Jorn
 Kansas Health Care Association
 Mary Karten
 Netty Keizer
Lee Ketzel
 Paul & Gwyn Kitos
 Jill Kleinberg, PhD
 Tom Klammer
Jean Krahn
Graham Kreiker
 Dennis Kurogi
Lakepoint Nursing & Rehab
 Lakeview Village
 Lawrence Presbyterian Manor
Leavenworth Co. Council on Aging
Alice Leonard
 Leonardville Nursing Home
Mr. & Mrs. Herb Lewis
 Robert & Betty Lichtwardt
Bill & Jeanine Lienhard
 Paul Lindahl
Marilyn Lindsay
 Linn Community Nursing Home
 Carolyn Litwin
Joan Loehr & Jerry Howell
 Burdett & Michel Loomis
 David & Barbara Lowenthal
 David & Lana Ludwigs
Eloise Lynch
 Laura Martley
 Linda Mason
 Marilyn & George McCleary
Suzanne McColl
 Imo McCosh
H.R. McFarland
Mitzi E. McFatrigh
 Beverly McGill
Toby McIntosh
Meadowlark Hills Retirement
Midland Hospice Care
 Jesse & Alversa Milan
 Leslie Miller
 Anne Mitchell
 Lucille Mitchell
 Medicalodges, Inc.
 Pat Milburn
 Trish Moore
 Alton Morey

Martha J. Morley
 Rachel Monger
 Margaret Montgomery
 Shelia Moore
 Sally Morse
 Hilde Moser & Lawrence Guenther
 Mount Joseph Senior Community
Don Mueller
 Jo Nedrow
Earl Nehring
Nancy Nehring
Neil & Maria Nehring
 Harve & Jody Newlin
 Brian Niceswanger
 Twyla Noller
 Charmaine Oesterreich
 North Central/Flint Hills AAA
Will Orvedal
 Park Lane Nursing Home
 Dr. Lorne & Norma Phillips
 Laurie Pigg
 Pleasant View Home
 Sally Davis Pokorny
 Helen Poland
 Linda Polson
 Prairie Senior Living Complex
Pratt Family Foundation
 Laurance & Johanna Price
 Eula Prince
Val Quant
Jeanne Reeder
Cathy Reinhardt
 Roberta Renich
 Tracey Rhine
 Isla Richards
 Harold & Donna Riehm
 Christopher & Deltie Riggs
 Bess Robinson
 Joe Robinson
Warren H. Robinson
Joyce Hess Rodda
 Marian Root
 John & Valerie Roper
Irene Rose
Carol Sader
Kathy Sanders
 Sandstone Heights
Richard & Barbara Schowen
 Doris Schultz
 Paul Schumaker
 Jim & Virginia Seaver
 Loretta J. Seidl
 Dan Shanelec

Arthur Alan Shaw
 The Shepherd's Center
 Robert Shmalberg
Simpson Foundation
 Diane Simpson
Fred & Lilian Six
 Barbara Smith
Beverly Smith Billings
Solomon Valley Manor
 South Central AAA
 Arlo & Laura Sporer
 St. Joseph Senior Village
Linda & John T. Stewart III
 John & Joan Strickler
 John & Audrey Kamm-Studdard
 Forrest & Donna Swall
Carolyn Swift
 Barbara Thomas
 Una Thompson
Peter & Judith Thompson
 Donna Thonen
Ruth Tomasek
 Topeka Community Foundation
 Melissa Transue
 Donna Travis
 Twin Oaks Assisted Living
Eleanor Unruh
Linda Upstill
Mark Vollmer
 David Walker
 Patsy Walz
 Norma Ward
Ruth Warren
 Marian E. Warriner
Ruth Weir
Rebecca J. Wempe
 Western Prairie Care Home
 Westridge of Girard
 Frank & Helen Wewers
Peter Whitenight
 Patricia Williams
 WJ & Rosemary Williamson
 Roger K. Wilson
 Windsor of Lawrence
Windsor Place, LLC
Julia Wood
Molly M. Wood
 Vivian Wood
 Claudia Woodard
 George & Carol Worth
 Judy Wright
 Wyandotte Co. AAA
Ina Kay Zimmerman
Richard & Diane Zinn

2009 Major Contributors

William Dann
 Earl Nehring
 J. T. Compton/ABC Foundation
 Molly M. Wood
 Margaret Farley &
 Ron Schneider
 Cerf-Dunbar Fund of the
 Community Foundation
 for the National Capital
 Region
 Topeka Community Foundation
 Mitzi E. McFatrach
 Philip S. Hemphill
 Toby McIntosh
 Dr. James & Sara Farley
 Ina Kay Zimmerman
 Barbara & Mick Braa
 Susan M. Burden
 Linda & Chuck Carlsen
 Bank of America Foundation
 Jean Krahn
 Artie Shaw
 Deanne & Lou Bacco
 Betty Bowen
 Rebecca J. Wempe
 Dennis Kurogi
 Linda & John T. Stewart III
 Mr. & Mrs. Herb Lewis
 Evie & Bob Curtis
 Judy & John Bellome
 Janet L. Buttery
 Emily Donaldson
 JW & Florence Drury
 Stephen & Marcia Hill
 Emily Hill
 Warren Robinson
 Carol & Harold Sader
 Sarah S. Dean/Simpson Foundation
 Mark Vollmer
 Marilyn Lindsay
 Portia Allbert
 Marilyn Bradt

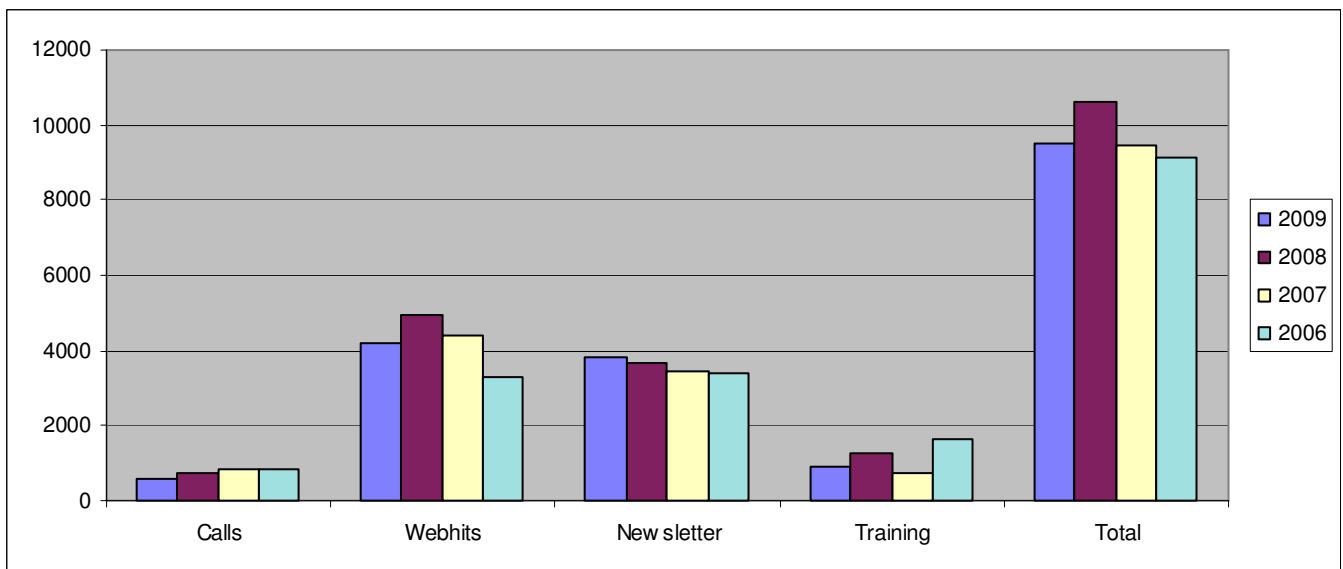
2009 Financial Report

ASSETS	
Current Assets	
Cash-checking	\$ 3,589
Money Market	<u>4,809</u>
Total Current Assets	<u>\$ 8,398</u>
Other Assets	
Endowment Fund	126,489
Equipment	
Less accumulated depreciation	<u>(10,617)</u>
Property & Equipment, net	\$ 3,055
Total Assets	<u>\$ 137,942</u>
LIABILITIES & NET ASSETS	
Total Current Liabilities	<u>\$ -0-</u>
Net Assets	
Unrestricted	\$ 11,453
Temporarily Restricted	126,489
Total Net Assets	\$ 137,942
Total Liabilities & Net Assets	<u>\$ 137,942</u>
Unrestricted Revenue	
Contributions	\$ 92,319
Memorials	7,012
Membership Dues	10,439
Endowment Investment Income	1,595
Misc. Income	364
Annual/Board Meeting	525
Interest Income	2,341
Unrealized loss on investments	<u>11,018</u>
Total unrestricted revenue, gains, losses	\$ 125,613
Net assets restricted for purpose	17,185
Total unrestricted revenue and net assets released from purpose restrictions	<u>\$ 142,798</u>
Expenses	
Program	\$ 119,026
Management/General	16,770
Fundraising	5,272
Member Development	<u>4,713</u>
Total Expenses	<u>\$ 145,781</u>
Decrease in unrestricted net assets	\$ (2,983)
Temporarily restricted net assets (Grants/Endowments)	30,588
Net assets restricted for purpose	(17,185)
Increase in restricted assets	13,403
Increase in net assets	10,420
Net Assets as of Jan. 1 2008	127,522
Net Assets, as of Dec. 31 2009	<u>\$ 137,942</u>

Information & Services Provided

KABC works in many ways to assist and educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers, and nursing home staff who attend grant-related training sessions. KABC engages in public policy advocacy to improve the quality of long-term care.

Assistance Provided	2009	2008	2007	2006
Requests for information (from our toll-free number & via email)	596	758	842	864
Website visits to access information	4,191	4,933	4,408	3,295
Total newsletters sent (5 times/year to members, contributors, and legislators)	3,800	3,645	3,450	3,425
Attendees at training sessions	920	1,300	750	1,621
Testimony presented to legislature	13 bills	15 bills	7 bills	5 bills



THANK YOU to KABC volunteers and members who provide a considerable amount of time and energy to create more awareness about the ways that KABC can assist persons wanting to know more about long-term care options in our state; advocating for better care; and raising funds to continue KABC's work. The following information represents only a small part of board and member volunteer time and outreach activities for 2009:

- Legislative testimony, public awareness and fundraising: 150 hours
- Individuals reached through public presentations: 700

In addition, each KABC board member volunteers about 30 hours per year engaged in planning and implementation related to our mission. This information was taken from contact tracking reports provided by individual board members.

**Membership by
County**

Barton
Brown
Butler
Chase
Chautauqua
Cherokee
Clay
Cloud
Coffey
Comanche
Cowley
Crawford
Dickinson
Douglas
Edwards
Elk
Ellis
Finney
Ford
Franklin
Gove
Grant
Gray
Greenwood
Harper
Harvey
Jackson
Jefferson
Johnson
Kearny
Kingman
Kiowa
Labette
Leavenworth
Linn
Logan
Lyon
Marion
McPherson
Miami
Montgomery

Stronger Together

KABC voices the concerns of long-term care residents and their families with state government agencies, legislators and law enforcement. Throughout the year, KABC gave presentations at the Governor's Conference and National NCCNHR Conference. KABC advocated with State and Federal representatives, the State Long-Term Care Ombudsman, the Kansas Department on Aging, Kansas Health Policy Authority, and Kansas Area Agencies on Aging. In addition, KABC staff represented long-term care consumer concerns with various national and state agencies, coalitions and work groups.

- ☆ AARP Kansas, Executive Council
- ☆ Adult Care Home Advisory Committee (KDOA)
- ☆ Advancing Excellence in America's Nursing Homes Campaign - LANEs
- ☆ Alliance of Health Associations
- ☆ Coalition to Honor End of Life Choices (Douglas County)
- ☆ Culture Change Coalition
- ☆ Douglas County Coalition on Aging
- ☆ Kansas Alliance for Caregivers
- ☆ Kansas Association of Area Agencies on Aging (K4A)
- ☆ Kansas Department on Aging (KDOA) advisory committees
- ☆ Kansas Foundation for Medical Care (KFMC) Advisory Council
- ☆ Kansas Health Policy Authority - Consumer Advisory Committee
- ☆ Kansas City Partnership for Caregivers
- ☆ KU Advisory Board School of Social Work, OALTC
- ☆ Lawrence Area Partners in Aging
- ☆ LIFE Project for end-of-life care & pain management
- ☆ OKIRSA - Older Kansans Information & Referral Services Association
- ☆ Pioneer Network
- ☆ PEAK-Ed Advisory Committee, KSU Center on Aging
- ☆ Senior Advocacy Network of Johnson County
- ☆ Social and Rehabilitative Services - "Money Follows the Person" project Steering Committee

Acknowledgments

Kansas Advocates thank the following businesses and individuals who have volunteered substantial time and/or services to further KABC projects throughout 2009:

- ◇ William Dann for being KABC's "guardian angel" and his commitment to our survival.
- ◇ The Fabulous Torque's for providing entertainment at the "Stand By Me" fundraiser
- ◇ Earl Nehring for his substantial support of the KABC mission.
- ◇ Steve & Kelly Wildeman, owners of American Presort for generously providing mailing services for the KABC newsletters.
- ◇ Jeanne Reeder for her unmatched dedication to Alzheimer's patients and families across Kansas.

35 Years & Looking Ahead

Since its inception, Kansas Advocates for Better Care has given voice to the concerns and desires of long-term care consumers in our state. With a doubling of Kansas citizens reaching the age of 65 or better by 2030, our voice must be stronger than ever.

- Reaching across the state and engaging older adults, their family members, friends, and others who have an investment in the quality of long-term care services available in our communities is of highest priority. Thanks to the Sunflower Foundation Capacity Building grant, we are creating a strategic plan to help us meet this goal.
- Insisting on legislation that ensures all persons who receive long-term care services have access to an independent advocate/ombudsman regardless of whether they are in a nursing home, assisted living or a home setting, is critical for assuring health and safety needs of consumers. Thanks to Rep. Tom Sloan, legislation that KABC championed has been introduced but not yet passed.
- Increasing KABC's educational, training and information sharing activities that promote Person-Centered Care is needed to create the kind and quality of care that all of us want for ourselves and our loved ones. Through the new Harriet Nehring Education Fund and partnering with the Kansas Department on Aging we are reaching out to more caregivers.
- Ensuring that KABC is able to maintain and expand vital support and guidance services we provide to older adults and their caregivers.
- Advocating for funding of long-term care needs to meet the demand reflected by the dramatic increase in an aging population.
- Not losing ground for hard won gains during a time of economic downturn.

Legislative Activities

During 2009 KABC advocated for legislation and regulation to improve the quality of long-term care through testimony and by providing consumer information to policy makers, on:

1. 5-Star Rating of nursing homes to the Centers for Medicare/Medicaid Services. Written testimony & in-person advocacy.
2. Long-Term Care Ombudsman for persons living in the community. Advocacy for introduction and support for new law; not passed.
3. Nursing Home Provider Tax bill to Kansas legislature. Written testimony & in-person advocacy; (passed in 2010).
4. For Budget support of aging services to Kansas legislature. Written testimony & in-person advocacy.
5. Revisions to certified nurse aide training curriculum.
6. Support for Consumer credit protection in Kansas. HB 2292.
7. Support for national health care reform that included greater transparency regarding nursing home ownership; greater access for consumers to information about long-term care providers; provisions of the elder justice act to combat abuse; and more access to home based services for persons needing long term care. Spoke with President Obama and met with entire Kansas delegation of elected officials.

Neosho
Osage
Osborne
Pottawatomie
Reno
Rice
Riley
Rooks
Saline
Scott
Sedgwick
Seward
Shawnee
Sumner
Thomas
Wabaunsee

Out of State

Arizona
California
Colorado
Connecticut
Florida
Illinois
Massachusetts
Maryland
Minnesota
Mississippi
Missouri
New Jersey
New York
North Carolina
Ohio
Oklahoma
Oregon
Pennsylvania
Rhode Island
Tennessee
Texas
Virginia
Washington, DC
British Columbia



**Kansas Advocates
for
Better Care**

Formerly Kansans for Improvement of Nursing Homes



Annual Report Produced by: Mitzi E. McFatrach, Executive Director and Lenette Hamm, Office Manager
Financial information taken from the 2009 Audit prepared by: Unger & Associates.

Most people try not to think about nursing homes... that's why we think about them every day.

My \$ _____ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to _____

General contribution _____ KABC Endowment Fund _____

Harriet Nehring Memorial Fund _____

*KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.*

Name _____

Address _____

City, State _____ Zip _____

*Make checks payable to **Kansas Advocates for Better Care** and return to:*