Annual Report
January - December 2008

What’s inside:

Year in Review, Board Members            page 2
Grant Information                         page 3
Members & Contributors                    page 4
Financial Report & Major Contributors    page 6
Information & Services Provided           page 7
Membership by County                      page 8
Networking Activities & Acknowledgments   page 9
Plans for the Future & Legislative Activities page 9
Kansas Advocates for Better Care
Annual Report 2008

Year in Review

KABC gained national recognition when Board Member Jeanne Reeder was selected for one of the nation’s most prestigious citizen advocacy awards. Jeanne was awarded the Elma Holder Founder’s Award in Indianapolis at the NCCNHR Convention (formerly National Citizen’s Coalition for Nursing Home Reform) last October. Jeanne serves as an important resource to families dealing with dementia, Alzheimer’s and long-term care issues. Her passion for advocacy runs deep and she brought that passion to KABC through the experience of caring for her own mother who lived in a nursing home. Jeanne joined KABC because she wanted to “make life in nursing homes better for people.” She describes KABC as “an organization that was doing something - advocacy and education, and Petey Cerf (KABC’s founder) became a hero to me, though I never met her.” Jeanne inspires those of us at KABC privileged to work with her.

A new year-long program launched by the Sunflower Foundation tapped 15 non-profit leaders from across the state, including KABC’s executive director, Mitzi McFatrich to learn how to become more effective public policy advocates for the people they serve.

In October, William Dann hosted another successful benefit for KABC and shared his wonderful musical talents for the enjoyment of all attending. Mr. Dann and musical partners, Matt Mullender and Dave Wasescha delighted an audience of 85 at the Lawrence Arts Center.

Adding to the fun of the day was KABC’s first silent auction. Thirty-three “Getting Better with Age” themed baskets of wine and cheese, local Kansas products, artwork, KU and KSU memorabilia were donated by KABC volunteer board members, friends, staff, and local businesses. We were pleased that many of Petey Cerf’s family joined in the festivities, Elizabeth Dann Jones, Pauline Cerf Alexander, and Charles Cerf, siblings of William Dann, attended along with niece Lizzie Reznick and nephew Colin Wells. We are honored by their continued support of the work started by Petey. KABC is grateful to all who contributed in making this a successful benefit event.

Now in our 34th year, KABC remains strong. Each year we respond to increasing numbers of citizen requests for help as families make choices about long-term care or seek to resolve problems. Our members, board of directors and staff continue to be dedicated to the organization’s mission of advocating for quality long-term care.
Grant-funded Projects

“Workforce Enhancement”

The Kansas Department on Aging awarded KABC a “Workforce Enhancement” grant in 2008. From April through September, Isla Richards RN provided training on “Promoting Resident-Centered Care” to 715 unlicensed and licensed staff at the following facilities. Residents and family members are always invited to attend. The booklet used in these presentations is available online:

http://www.kabc.org/pdfs/promoting-resident-centered-care.pdf

- Medicalodges of Eudora
- Cedar Village, Ness City
- Villa Maria, Mulvane
- Cherryvale Care Center
- The Wheatlands Care Center, Kingman
- Villa St. Francis, Olathe
- Windsor Place at Iola LLC
- Mid-America Health Care, Lincoln
- Emporia Rehabilitation Center
- North Point Skilled Nursing, Paola
- Lakewood Senior Living of Pratt
- Lakepoint Nursing & Rehab, El Dorado

Capacity Building Grant

In 2008, The Sunflower Foundation of Topeka awarded a capacity building grant to KABC to help expand our advocacy outreach efforts across Kansas. KABC board members and staff are working with consultant Andrea Bozarth to create a strategic plan that will increase advocacy directed at improving long-term care public policy.

Harriet Nehring Education Fund

Thanks to the Nehring Education Fund, KABC hosted our first caregiving training for members in March 2008. The series entitled “Building Blocks for Care” provided “how to” information and demonstrations for those caring for loved ones at home or in a facility.

KABC appreciates the Kansas Department on Aging, the Sunflower Foundation and the Nehring Fund for supporting these worthwhile projects.
Kansas Advocates for Better Care Annual Report 2008

Current members and contributors

KABC appreciates all the support we received in 2008. Our members and contributors make it possible for us to help families making difficult placement choices. The following list represents all KABC paid members and contributors as of December 31, 2008. “Cerfer” members are underlined. “Endowment Founders” are in a larger, bold font.

Aberdeen Village
Suzanne Love Adams
Lorin Albin
Jim & Barbara Albrecht
Pauline Alexander
Portia Allbert
Martha S. Allen
Alterra Clare Bridge Cottage
Gerry Amrein
Betty R. Anderson
Richard & Elvira Angeletti

Anonymous donor
William Arnold
Asbury Park

Deanne & Lou Bacco
Bea Bacon
Barbara Bailey
Jill Baker
Baker University Music Dept.
Bank of America Foundation
B. J. Baron
Myrna Bartel
Ross & Marianna Beach
Bethany Home Association
Erika Binns
Harriet Bixenman
Lloyd C. Bloomer
Mary Boyden
Barbara & Mick Braa
Calvin & Marcene Braa
Marilyn Bradt
Jessie Branson
Carolyn Brushwood
Greg & Susan Bryant
Butler Co. Dept. on Aging
Janet Buttery
Thomas & Pauline Buttery
Donna D. Campbell
Daisy Caress
Linda & Chuck Carlsten
George Catt

Cerf-Dunbar Foundation
Miriam Cha
Marilyn Chamberlin
Chapman Valley Manor
Allan & Beth Cigler
Lois Clark
Robert & Cynthia Claus

Carol Clifford
Florence Close
Patricia Coleman

JT Compton/ABC Foundation
Carldyne K. Conyers
Wayne & Nancy Cottril
Anne Cowan
Jean Cowles
Janine Cox
Charley & Lynne Crabtree
Morton & Una Creditor
W. Hobson & Helen Crockett
Ann Cudd & Neal Becker
Warren Culver

Evie & Bob Curtis
Bill Cutler

William Dann
Bill Denio
Mae Dobie
Leroy & Veda Donovan
Michael & Gay Doudoroff
JW & Florence Drury
East Central KS AAA
Eva Edmands
Irene Edwards
Mary Edwards
Terry Edwards
Gwen Elliott
Elmhaven Nursing Homes
Hilda Enoch
Robert & Anita Epps
John & Susan Esau
James & Sara Farley

Margaret Farley & Ron Schneider
Marlene Finney
Oliver Finney
Frances Fischer
J. Robert Fluker
Barbara Fox
Michael Fox & Catherine Lyman
Sen. Marci Francisco
Harold Friess
Dorothy Fritzel
Robert Fullman

Garden Terrace of Overland Park
Sidney A. Garrett
Richard Gegen
Reba George

Helen Gilles
Good Samaritan-Dodge City
Cathy Goodyear
Margaret S. Gordon
Shirley Sue Gordon
Annette Graham
Mary K. Greenwood
Keith A. Greiner
Guest Home Estates IV
Della Hadley
Jackie Hadl-Fromm
Nancy Hambleton
Marie Hamilton
Judith A. K. Harmony
Max Harris
Bonnie L. Haslouer
L. Marie Haun
Elizabeth Haverfield
Alice Hayes
Marjorie Hazlett
John Head & Lucia Orth
Patricia Healy
Francis H. Heller
Barb Helm
James Helyar
Philip Hemphill
Barbara Heng
Karen Henry
High Plains Retirement Village
Wayne & Dana Hild

Stephen & Marcia Hill
Hilltop Manor
Dick & Sue Himes
James K. Hitt
Alice Hixson
Mary Lou Holcomb
Home Depot Foundation/Matching Gifts
Barry & Jan Horn
David & Catherine Hough
B&C Hougland Family Foundation
Tom Hynes
Janet Ilkenberry
Verlin Ingram
Barbara James
Donald Janes
Mr. & Mrs. Harlan Jennings
Jewish Community Women
Jill Johnson
Judith Johnson

Page 4
March, 2009
Current members and contributors (continued)

Brock Jones
Elizabeth Dann Jones
Barbara Kelly
Lee Ketzel
KAHSA
Kansas Health Care Association
Paul & Gwyn Kitos
Rex Klein
Jill Kleinberg, PhD
Tom Klammer
Jean Krahm
Graham Kreiker
Lakepoint Nursing & Rehab
Ellen Laner
Johnson Co. Nursing Center
Lawrence Presbyterian Manor
Alice Leonard
Leonardville Nursing Home
Mr. & Mrs. Herb Lewis
Robert & Betty Lichtwardt
Bill & Jeanine Lienhard
Linn Community Nursing Home
Carolyn Litwin
Leavenworth Co. Council on Aging
Joan Loehr & Jerry Howell
Nuria Lucas

Eloise Lynch
Linda Mason
Larry Maxey
Sharon Mayo
Marilyn & George McCleary

Suzanne McColl
Imo McCosh
Linda McCoy
H.R. McFarland
Mitzi E. McPatrick
Beverly McGill
Toby McIntosh
Meadowlark Hills Retirement
Lynn K. Megaffin
Charles & Mary Michener
Midland Hospice Care
Jesse & Alversa Milan
Mary P. Miller
Lucille Mitchell
Medicalodges Eudora
Medicalodges, Inc.
Trish Moore
Alton Morey
Martha J. Morley
Don Morris/Midwest Coatings
Judy Morris
Mount Joseph Senior Community
Don Mueller

Jo Nedrow

Earl Nehring
Nancy Nehring
Neil & Maria Nehring
Brian Nicewanger
David Niven
Twyla Noller
Charmeine Oesterreich
Oswatonic and Class of 1974
North Central/Flint Hills AAA
Will Orvedal
Park Lane Nursing Home
Good Samaritan Society Parsons
William B. Pendleton
Dr. Lorne & Norma Phillips
Pleasant View Home
Sally Davis Pokorny
Helen Poland
Linda Polson
Prairie Senior Living Complex

Pratt Family Foundation
Presbyterian Manor - Arkansas City
Lawrence & Johanna Price
Quaker Hill Manor
Val Quant
Shane Lillich & Roxanne Rachlin
Jeanne Reeder
Marjorie Rees

Cathy Reinhardt
Robert Renich
Tracey Rhine
Isa Richards
Christopher & Deltie Riggs
Bess Robinson
Joe Robinson
Warren H. Robinson
Harlan & Sidney Roedel
Jerry & Jane Rogers
Marian Root
Irene Rose
Carol Sader
Richard & Phyllis Sapp
Jacqueline A. Schafer
South Central AAA
Carol Schmitt & Wayne Propst
Richard & Barbara Schown
Doris Schultz
Eric & Jo Scott
Loretta J. Seidl
Dan Shanelec
Arthur Alan Shaw

The Shepherd's Center
Robert Shmalberg
Simpson Foundation

Diane Simpson
Fred & Lilian Six
Barbara Smith
Beverly Smith Billings
Solomon Valley Manor
Jerrold Spady
Arlo & Laura Sporer
Byron & Marion Springer
St. Joseph Senior Village
R.J. & Karen Stephenson
Linda & John T. Stewart III
CP & Dyann Stilley
Mrs. Pearl Stonebraker
Stoneybrook Retirement
John & Joan Strickler
John & Audrey Kamm-Stuudard
Una Thompson
Peter & Judith Thompson
Donna Thonen
Judy Tolbert
Ruth Tomasek
Twin Oaks Assisted Living
Eleanor Unruh
Linda Upstill
Karen Vincent
Vintage Park
Mark Vollmer
Geraldine Voss
David Walker
Robert & Joyce Walker
Patsy Walz
Gary & Theresa Ward
Norma Ward
Ruth Warren
Marian E. Warriner
Ruth Weir
Wesley Towers
Western Prairie Care Home
Westridge of Girard
Peter Whitenight
Jan Williams
WJ & Rosemary Williamson
David & Marion Wilson
Roger K. Wilson
Windsor of Lawrence
Windsor Place, LLC
Julia Wood

Molly M. Wood
Vivian Wood
Claudia Woodard
George & Carol Worth
Judy Wright
Ina Kay Zimmerman
Richard & Diane Zinn
**2008 Financial Report**

### ASSETS

**Current Assets**
- Cash-checking: $5,049
- Money Market: $5,213

**Total Current Assets**: $10,262

**Other Assets**
- Endowment Fund: $113,086

**Equipment**
- Less accumulated depreciation: $(9,498)

**Property & Equipment, net**: $4,174

**Total Assets**: $127,522

### LIABILITIES & NET ASSETS

**Total Current Liabilities**: $0

**Net Assets**
- Unrestricted: $14,436
- Temporarily Restricted: $113,086

**Total Net Assets**: $127,522

**Total Liabilities & Net Assets**: $127,522

**Unrestricted Revenue**
- Contributions: $98,805
- Memorials: $9,085
- Membership Dues: $7,734
- Endowment Investment Income: $3,323
- Misc. Income: $412
- Annual/Board Meeting: $390
- Interest Income: $1,646
- Unrealized loss on investments: $(24,014)

**Total unrestricted revenue, gains, losses**: $97,381

**Net assets restricted for purpose**: $47,199

**Total unrestricted revenue and net assets released from purpose restrictions**: $144,580

### Expenses

- Program: $118,718
- Management/General: $17,224
- Fundraising: $5,390
- Member Development: $4,799

**Total Expenses**: $146,131

- Decrease in unrestricted net assets: $(1,551)
- Temporarily restricted net assets (Grants/Endowments): $38,638
- Net assets restricted for purpose: $(47,199)
- Decrease in restricted assets: $(8,561)
- Decrease in net assets: $(10,112)

**Net Assets as of Jan. 1 2008**: $137,634

**Net Assets, as of Dec. 31 2008**: $127,522

---

**2008 Major Contributors**

- William Dann
- J.T. Compton/ABC Foundation
- Earl Nehring
- Margaret Farley & Ron Schneider
- Toby McIntosh
- Janet L. Buttery
- Cerf-Dunbar Fund of the Community Foundation for the National Capital Region
- Elizabeth D. Jones
- Home Depot Foundation
- Suzanne McColl
- Jean Krahn
- Mitzi E. McFatrich
- Philip S. Hemphill
- Cathy Reinhardt
- Barbara & Mick Braa
- Deanne & Lou Bacco
- Linda & Chuck Carlsen
- Dr. James & Sara Farley
- Evie & Bob Curtis
- Bank of America Foundation
- Nancy & Wayne Cottril
- Linda & John T. Stewart III
- Judith A. K. Harmony
- Robert & Anita Epps
- William B. Pendleton
- Jill Baker
- Miriam Cha
- Morton & Una Creditor
- William Cutler
- Mr. & Mrs. Herb Lewis
- Warren Robinson
- Mark Vollmer
- Robert & Joyce Walker
- Windsor Place, LLC

---

March, 2009
Information & Services Provided

KABC works in many ways to educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers, and nursing home staff who attend grant-related training sessions. KABC engages in public policy advocacy to improve the quality of long-term care.

<table>
<thead>
<tr>
<th>Assistance Provided</th>
<th>2008</th>
<th>2007</th>
<th>2006</th>
<th>2005</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for information (from our toll-free number &amp; via email)</td>
<td>758</td>
<td>842</td>
<td>864</td>
<td>961</td>
</tr>
<tr>
<td>Website visits to access information</td>
<td>4,933</td>
<td>4,408</td>
<td>3,295</td>
<td>3,775</td>
</tr>
<tr>
<td>Total newsletters sent (5 times/year to members, contributors, and legislators)</td>
<td>3,645</td>
<td>3,450</td>
<td>3,425</td>
<td>3,375</td>
</tr>
<tr>
<td>Attendees at training sessions</td>
<td>1,300</td>
<td>750</td>
<td>1,621</td>
<td>1,568</td>
</tr>
<tr>
<td>Testimony presented to legislature</td>
<td>15</td>
<td>7</td>
<td>5</td>
<td>5</td>
</tr>
</tbody>
</table>

KABC volunteers and members provide a considerable amount of time and energy to create more awareness about the ways that KABC can assist persons wanting to know more about long-term care options in our state and in raising funds to continue KABC's work. The following information represents only a small part of board and member volunteer time and outreach activities for 2008:

- Legislative testimony, public awareness and fundraising: 135 hours
- Individuals reached: 500

Each KABC board member also spends about 30 hours per year attending board meetings and executive committee meetings. This information was taken from contact tracking reports provided by individual board members.

We are very appreciative of the support provided by each and every member and board volunteer.
Kansas Advocates for Better Care
Annual Report 2008

Membership by County

Allen
Atchison
Barton
Brown
Butler
Cherokee
Cloud
Coffey
Cowley
Crawford
Dickinson
Douglas
Edwards
Elk
Ellis
Finney
Ford
Franklin
Geary
Gove
Grant
Gray
Greenwood
Harper
Harvey
Jackson
Johnson
Kearny
Kingman
Kiowa
Labette
Leavenworth
Linn
Logan
Lyon
Marion

Stronger Together

KABC voices the concerns of long-term care residents and their families with state government agencies and other state organizations. Throughout the year, KABC gave presentations at the Governor’s Conference and National NCCNHR Conference. KABC advocated with State and Federal representatives, the State Long-Term Care Ombudsman, the Kansas Department on Aging, and Kansas Area Agencies on Aging. In addition, KABC staff represented long-term care consumer concerns with various national and state agencies, coalitions and work groups.

☆ AARP Kansas, Executive Council
☆ Adult Care Home Advisory Committee (KDOA)
☆ Advancing Excellence in America’s Nursing Homes Campaign - LANEs
☆ Alliance of Health Associations
☆ Coalition to Honor End of Life Choices (Douglas County)
☆ Culture Change Coalition
☆ Douglas County Coalition on Aging
☆ Kansas Alliance for Caregivers
☆ Kansas Association of Area Agencies on Aging (K4A)
☆ Kansas Department on Aging (KDOA) advisory committees
☆ Informational booth at the May 2008 Governor’s Conference on Aging
☆ Kansas Foundation for Medical Care (KFMC) Advisory Council
☆ Kansas Health Policy Authority - Consumer Advisory Committee
☆ Kansas City Partnership for Caregivers
☆ KU master’s level school of social work - presentation on long-term care
☆ Lawrence Area Partners in Aging
☆ LIFE Project for end-of-life care & pain management
☆ OKIRSA - Older Kansans Information & Referral Services Association
☆ PEAK-Ed Advisory Committee, KSU Center on Aging
☆ Senior Advocacy Network of Johnson County
☆ Social and Rehabilitative Services - “Money Follows the Person” project
☆ Steering Committee

Acknowledgments

Kansas Advocates thank the following businesses and individuals who have volunteered substantial time and/or services to further KABC projects throughout 2008:

◊ William Dann for contributing his musical talents to raise money for KABC.
◊ Steve & Kelly Wildeman, owners of American Presort for generously providing mailing services for the KABC newsletters.
◊ Jeanne Reeder for her unmatched dedication to Alzheimer’s patients and families across Kansas.
Plans for the Future

Since its inception, Kansas Advocates for Better Care has given voice to the concerns and desires of long-term care consumers in our state. With a doubling of Kansas citizens reaching the age of 65 or better by 2030, our voice must be ever stronger.

- Reaching across the state and engaging older adults, their family members, friends, and others who have an investment in the long-term care services available in our communities is of highest priority. Thanks to the Sunflower Foundation Capacity Building grant, we are creating a strategic plan to help us meet this goal.
- Insisting on legislation that ensures all persons who receive long-term care services have access to an independent advocate/ombudsman regardless of where they are in a nursing home, assisted living or a home setting, is critical for assuring health and safety needs of consumers. Thanks to Rep. Tom Sloan, legislation that KABC championed has been introduced but not yet passed.
- Increasing KABC’s educational, training and information sharing activities that promote Person-Centered Care and Culture Change is needed to create the kind and quality of care that all of us want for ourselves and our loved ones. Through the new Harriet Nehring Education Fund and partnering with the Kansas Department on Aging we are reaching out to more caregivers.
- Ensuring that KABC is able to maintain and expand vital support and guidance services we provide to older adults and their caregivers.
- Advocating for funding of long-term care needs to meet the demand reflected by the dramatic increase in an aging population.
- Not losing ground for hard won gains during a time of economic downturn.

Legislative Activities

During the 2008 Legislative Session, KABC supported and provided testimony on the following bills:

- **House Sub for SB 365** to establish the Joint Committee on Home and Community Based Services Oversight to review individuals transferred from institutional setting to home and community based settings. *Passed.*
- **SB 566** by the Ways and Means Committee. Concerns the Dept. of SRS relating to attendant care workers who provide home and community based services.
- **SB 656** by Committee on Appropriations – require that long term care services, including home and community based services, be provided through a comprehensive and coordinated system throughout the state.
- **HB 2752** (substitute for HB 2236) would establish a statewide geriatric mental health service program.
- **SB 562** provide for mobile polling places in nursing homes and certain related facilities. *Passed.*
- **Support for Budget Requests** that would fund two additional Long-Term Care Ombudsmen.
- **Support for Community Long-Term Care Ombudsman** that would provide advocacy to those receiving long-term care in their homes.
- **SB 81** would enact the Health Care Reform Act of 2008
- **HB 2644** amends existing law regarding the Guardian and Conservator Act. *Passed.*
Most people try not to think about nursing homes... that's why we think about them every day.

My $ ___________ tax deductible contribution is enclosed.

(Please identify how you prefer your gift to be used):

As a memorial to __________________________________________________________

General contribution _____ KABC Endowment Fund ____

Harriet Nehring Memorial Fund ____

KABC is a 501(c)(3) non-profit, as identified by the IRS. Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans. All contributions are tax-deductible, as provided by law.

Name__________________________________________________________________________________
Address ________________________________________________________________________________
City, State ________________________________________________ Zip _________________________

Make checks payable to Kansas Advocates for Better Care and return to:

913 Tennessee, Suite 2       Lawrence, KS  66044