



Kansas Advocates
for
Better Care

“Advocating for Quality Long-term Care” since 1975

Formerly Kansans for Improvement of Nursing Homes

Annual Report January - December 2008

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Kansas Advocates for Better Care Annual Report 2008

2008 Board of Directors

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Eudora, Trust Officer

Vice-President: Artie Shaw, PhD
Lawrence, Clinical Psychologist

Treasurer: Evie Curtis
Overland Park, Trust Officer

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Lawrence, Attorney

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Lawrence, Elder Law Attorney

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Executive Director
Kansas Guardianship Program

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Earl Nehring, PhD, *Lawrence*

Jeanne Reeder, LMSW MRE
Overland Park
Heart of America Alzheimer's Assn.

Honorary Board Member
William Dann

Executive Director
Mitzi E. McFatrach

Office Manager
Lenette Hamm

Year in Review

KABC gained national recognition when Board Member Jeanne Reeder was selected for one of the nation's most prestigious citizen advocacy awards. Jeanne was awarded the Elma Holder Founder's Award in Indianapolis at the NCCNHR Convention (formerly National Citizen's Coalition for Nursing Home Reform) last October. Jeanne serves as an important resource to families dealing with dementia, Alzheimer's and long-term care issues. Her passion for advocacy runs deep and she brought that passion to KABC through the experience of caring for her own mother who lived in a nursing home. Jeanne joined KABC because she wanted to "make life in nursing homes better for people." She describes KABC as "an organization that was doing something - advocacy and education, and Petey Cerf (KABC's founder) became a hero to me, though I never met her." Jeanne inspires those of us at KABC privileged to work with her.



A new year-long program launched by the Sunflower Foundation tapped 15 non-profit leaders from across the state, including KABC's executive director, Mitzi McFatrach to learn how to become more effective public policy advocates for the people they serve.

In October, William Dann hosted another successful benefit for KABC and shared his wonderful musical talents for the enjoyment of all attending. Mr. Dann and musical partners, Matt Mullender and Dave Wasescha delighted an audience of 85 at the Lawrence Arts Center.



Adding to the fun of the day was KABC's first silent auction. Thirty-three "Getting Better with Age" themed baskets of wine and cheese, local Kansas products, artwork, KU and KSU memorabilia were donated by KABC volunteer board members, friends, staff, and local businesses. We were pleased that many of Petey Cerf's family joined in the festivities, Elizabeth Dann Jones, Pauline Cerf Alexander, and Charles Cerf, siblings of William Dann, attended along with niece Lizzie Reznick and nephew Colin Wells. We are honored by their continued support of the work started by Petey. KABC is grateful to all who contributed in making this a successful benefit event.

Now in our 34th year, KABC remains strong. Each year we respond to increasing numbers of citizen requests for help as families make choices about long-term care or seek to resolve problems. Our members, board of directors and staff continue to be dedicated to the organization's mission of advocating for quality long-term care.

Grant-funded Projects

“Workforce Enhancement”

The Kansas Department on Aging awarded KABC a “Workforce Enhancement” grant in 2008. From April through September, Isla Richards RN provided training on *“Promoting Resident-Centered Care”* to 715 unlicensed and licensed staff at the following facilities. Residents and family members are always invited to attend. The booklet used in these presentations is available online:

<http://www.kabc.org/pdfs/promoting-resident-centered-care.pdf>

- Medicalodges of Eudora
- Cedar Village, Ness City
- Villa Maria, Mulvane
- Cherryvale Care Center
- The Wheatlands Care Center, Kingman
- Villa St. Francis, Olathe
- Windsor Place at Iola LLC
- Mid-America Health Care, Lincoln
- Emporia Rehabilitation Center
- North Point Skilled Nursing, Paola
- Lakewood Senior Living of Pratt
- Lakepoint Nursing & Rehab, El Dorado

Capacity Building Grant

In 2008, The Sunflower Foundation of Topeka awarded a capacity building grant to KABC to help expand our advocacy outreach efforts across Kansas. KABC board members and staff are working with consultant Andrea Bozarth to create a strategic plan that will increase advocacy directed at improving long-term care public policy.

Harriet Nehring Education Fund

Thanks to the Nehring Education Fund, KABC hosted our first caregiving training for members in March 2008. The series entitled “Building Blocks for Care” provided “how to” information and demonstrations for those caring for loved ones at home or in a facility.

**KABC appreciates the
Kansas Department on Aging, the Sunflower
Foundation and the Nehring Fund
for supporting these worthwhile projects.**

Current members and contributors

KABC appreciates all the support we received in 2008.

Our members and contributors make it possible for us to help families making difficult placement choices. The following list represents all KABC paid members and contributors as of December 31, 2008. "Cerfer" members are underlined. "Endowment Founders" are in a **larger, bold font**.

Aberdeen Village
 Suzanne Love Adams
 Lorin Albin
 Jim & Barbara Albrecht
 Pauline Alexander
Portia Allbert
 Martha S. Allen
 Alterra Clare Bridge Cottage
 Gerry Amrein
 Betty R. Anderson
 Richard & Elvira Angeletti

Anonymous donor

William Arnold
 Asbury Park
Deanne & Lou Bacco

Bea Bacon
Barbara Bailey
Jill Baker
 Baker University Music Dept.
 Bank of America Foundation
 B. J. Baron

Myrna Bartel
Ross & Marianna Beach
 Bethany Home Association
 Erika Binns

Harriet Bixenman
Lloyd C. Bloomer

Mary Boyden
Barbara & Mick Braa
 Calvin & Marcene Braa
 Marilyn Bradt

Jessie Branson
Carolyn Brushwood
 Greg & Susan Bryant
 Butler Co. Dept. on Aging
Janet Buttery

Thomas & Pauline Buttery
 Donna D. Campbell

Daisy Caress
Linda & Chuck Carlsen
 George Catt

Cerf-Dunbar Foundation

Miriam Cha
 Marilyn Chamberlin
 Chapman Valley Manor
 Allan & Beth Cigler
 Lois Clark
Robert & Cynthia Claus

Carol Clifford
 Florence Close
 Patricia Coleman
JT Compton/ABC Foundation

Carladyne K. Conyers
Wayne & Nancy Cottril
 Anne Cowan
 Jean Cowles
 Janine Cox
Charley & Lynne Crabtree
Morton & Una Creditor
W. Hobson & Helen Crockett
 Ann Cudd & Neal Becker
Warren Culver

Evie & Bob Curtis

Bill Cutler
William Dann
 Bill Denio
 Mae Dobie
 Leroy & Veda Donovan
 Michael & Gay Doudoroff
JW & Florence Drury

East Central KS AAA
 Eva Edmands
 Irene Edwards
 Mary Edwards
 Terry Edwards
 Gwen Elliott

Elmhaven Nursing Homes
 Hilda Enoch

Robert & Anita Epps

John & Susan Esau
James & Sara Farley

Margaret Farley & Ron Schneider

Marlene Finney
 Oliver Finney
 Frances Fischer
 J. Robert Fluker
 Barbara Fox
 Michael Fox & Catherine Lyman
 Sen. Marci Francisco

Harold Friess
 Dorothy Fritzel
Robert Fullman
 Garden Terrace of Overland Park
 Sidney A. Garrett
 Richard Gegen
 Reba George

Helen Gilles
 Good Samaritan-Dodge City
 Cathy Goodyear
 Margaret S. Gordon
 Shirley Sue Gordon
Annette Graham
 Mary K. Greenwood
 Keith A. Greiner
 Guest Home Estates IV
 Della Hadley
Jackie Hadl-Fromm
 Nancy Hambleton
 Marie Hamilton
 Judith A. K. Harmony
 Max Harris
 Bonnie L. Haslouer
 L. Marie Haun
 Elizabeth Haverfield
 Alice Hayes
 Marjorie Hazlett
 John Head & Lucia Orth
 Patricia Healy
 Francis H. Heller
 Barb Helm
 James Helyar
Philip Hemphill
 Barbara Heng
 Karen Henry
 High Plains Retirement Village
 Wayne & Dana Hild

Stephen & Marcia Hill

Hilltop Manor
 Dick & Sue Himes
James K. Hitt
 Alice Hixson
 Mary Lou Holcomb
 Home Depot Foundation/Matching Gifts
 Barry & Jan Horn
 David & Catherine Hough
 B&C Hougland Family Foundation
 Tom Hynes
 Janet Ikenberry
 Verlin Ingram
 Barbara James
Donald Janes
 Mr. & Mrs. Harlan Jennings
 Jewish Community Women
Jill Johnson
 Judith Johnson

Current members and contributors (continued)

Brock Jones

Elizabeth Dann Jones

Barbara Kelly

Lee Ketzell

KAHSA

Kansas Health Care Association

Paul & Gwyn Kitos

Rex Klein

Jill Kleinberg, PhD

Tom Klammer

Jean Krahn

Graham Kreiker

Lakepoint Nursing & Rehab

Ellen Laner

Johnson Co. Nursing Center

Lawrence Presbyterian Manor

Alice Leonard

Leonardville Nursing Home

Mr. & Mrs. Herb Lewis

Robert & Betty Lichtwardt

Bill & Jeanine Lienhard

Linn Community Nursing Home

Carolyn Litwin

Leavenworth Co. Council on Aging

Joan Loehr & Jerry Howell

Nuria Lucas

Eloise Lynch

Linda Mason

Larry Maxey

Sharon Mayo

Marilyn & George McCleary

Suzanne McColl

Imo McCosh

Linda McCoy

H.R. McFarland

Mitzi E. McFatrigh

Beverly McGill

Toby McIntosh

Meadowlark Hills Retirement

Lynn K. Megaffin

Charles & Mary Michener

Midland Hospice Care

Jesse & Alversa Milan

Mary P. Miller

Lucille Mitchell

Medicalodges Eudora

Medicalodges, Inc.

Trish Moore

Alton Morey

Martha J. Morley

Don Morris/Midwest Coatings

Judy Morris

Mount Joseph Senior Community

Don Mueller

Jo Nedrow

Earl Nehring

Nancy Nehring

Neil & Maria Nehring

Brian Nicewanger

David Niven

Twyla Noller

Charmaine Oesterreich

Osawatomie High, Class of 1974

North Central/Flint Hills AAA

Will Orvedal

Park Lane Nursing Home

Good Samaritan Society-Parsons

William B. Pendleton

Dr. Lorne & Norma Phillips

Pleasant View Home

Sally Davis Pokorny

Helen Poland

Linda Polson

Prairie Senior Living Complex

Pratt Family Foundation

Presbyterian Manor-Arkansas City

Laurance & Johanna Price

Quaker Hill Manor

Val Quant

Shane Lillich & Roxanne Rachlin

Jeanne Reeder

Marjorie Rees

Cathy Reinhardt

Robert Renich

Tracey Rhine

Isla Richards

Christopher & Deltie Riggs

Bess Robinson

Joe Robinson

Warren H. Robinson

Harlan & Sidney Roedel

Jerry & Jane Rogers

Marian Root

Irene Rose

Carol Sader

Richard & Phyllis Sapp

Jacqueline A. Schafer

South Central AAA

Carol Schmitt & Wayne Propst

Richard & Barbara Schowen

Doris Schultz

Eric & Jo Scott

Loretta J. Seidl

Dan Shanelec

Arthur Alan Shaw

The Shepherd's Center

Robert Shmalberg

Simpson Foundation

Diane Simpson

Fred & Lilian Six

Barbara Smith

Beverly Smith Billings

Solomon Valley Manor

Jerrold Spady

Arlo & Laura Sporer

Byron & Marion Springer

St. Joseph Senior Village

R.J. & Karen Stephenson

Linda & John T. Stewart III

CP & Dyann Stillely

Mrs. Pearl Stonebraker

Stoneybrook Retirement

John & Joan Strickler

John & Audrey Kamm-Studdard

Una Thompson

Peter & Judith Thompson

Donna Thonen

Judy Tolbert

Ruth Tomasek

Twin Oaks Assisted Living

Eleanor Unruh

Linda Upstill

Karen Vincent

Vintage Park

Mark Vollmer

Geraldine Voss

David Walker

Robert & Joyce Walker

Patsy Walz

Gary & Theresa Ward

Norma Ward

Ruth Warren

Marian E. Warriner

Ruth Weir

Wesley Towers

Western Prairie Care Home

Westridge of Girard

Peter Whitenight

Jan Williams

WJ & Rosemary Williamson

David & Marion Wilson

Roger K. Wilson

Windsor of Lawrence

Windsor Place, LLC

Julia Wood

Molly M. Wood

Vivian Wood

Claudia Woodard

George & Carol Worth

Judy Wright

Ina Kay Zimmerman

Richard & Diane Zinn

2008 Major Contributors

William Dann
 J.T. Compton/ABC Foundation
 Earl Nehring
 Margaret Farley &
 Ron Schneider
 Toby McIntosh
 Janet L. Buttery
 Cerf-Dunbar Fund of the
 Community Foundation
 for the National Capital
 Region
 Elizabeth D. Jones
 Home Depot Foundation
 Suzanne McColl
 Jean Krahn
 Mitzi E. McFatrich
 Philip S. Hemphill
 Cathy Reinhardt
 Barbara & Mick Braa
 Deanne & Lou Bacco
 Linda & Chuck Carlsen
 Dr. James & Sara Farley
 Evie & Bob Curtis
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 William B. Pendleton
 Jill Baker
 Miriam Cha
 Morton & Una Creditor
 William Cutler
 Mr. & Mrs. Herb Lewis
 Warren Robinson
 Mark Vollmer
 Robert & Joyce Walker
 Windsor Place, LLC

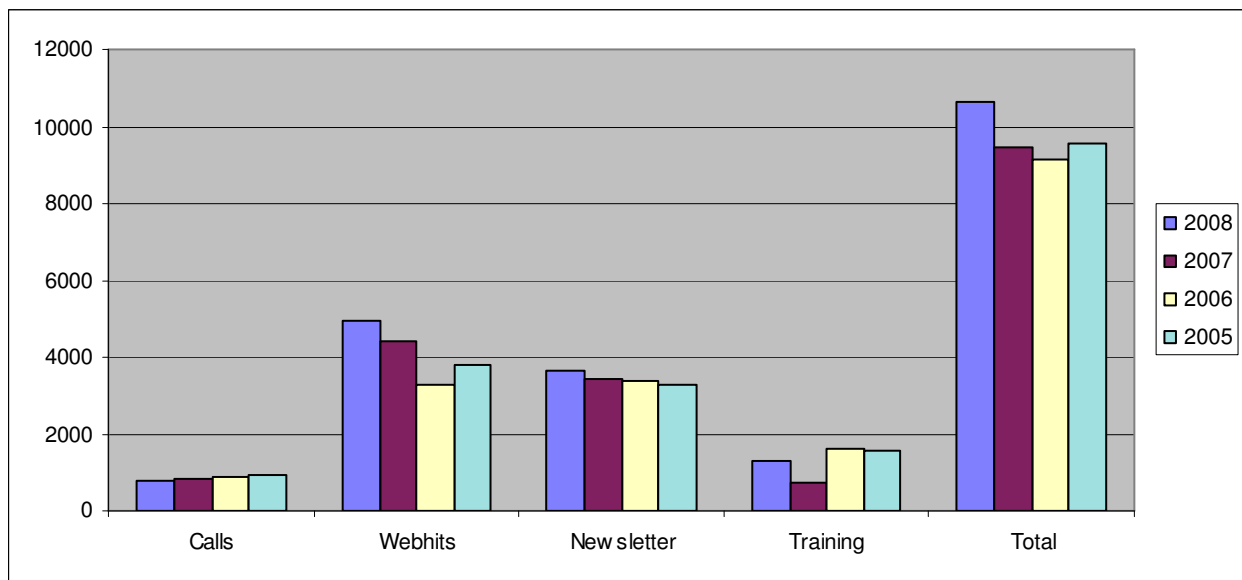
2008 Financial Report

ASSETS	
Current Assets	
Cash-checking	\$ 5,049
Money Market	<u>5,213</u>
Total Current Assets	<u>\$ 10,262</u>
Other Assets	
Endowment Fund	113,086
Equipment	
Less accumulated depreciation	<u>(9,498)</u>
Property & Equipment, net	\$ 4,174
Total Assets	<u>\$ 127,522</u>
LIABILITIES & NET ASSETS	
Total Current Liabilities	<u>\$ -0-</u>
Net Assets	
Unrestricted	\$ 14,436
Temporarily Restricted	<u>113,086</u>
Total Net Assets	\$ 127,522
Total Liabilities & Net Assets	<u>\$ 127,522</u>
Unrestricted Revenue	
Contributions	\$ 98,805
Memorials	9,085
Membership Dues	7,734
Endowment Investment Income	3,323
Misc. Income	412
Annual/Board Meeting	390
Interest Income	1,646
Unrealized loss on investments	<u>(24,014)</u>
Total unrestricted revenue, gains, losses	\$ 97,381
Net assets restricted for purpose	47,199
Total unrestricted revenue and net assets released from purpose restrictions	<u>\$ 144,580</u>
Expenses	
Program	\$ 118,718
Management/General	17,224
Fundraising	5,390
Member Development	<u>4,799</u>
Total Expenses	<u>\$ 146,131</u>
Decrease in unrestricted net assets	\$ (1,551)
Temporarily restricted net assets (Grants/Endowments)	38,638
Net assets restricted for purpose	(47,199)
Decrease in restricted assets	(8,561)
Decrease in net assets	(10,112)
Net Assets as of Jan. 1 2008	137,634
Net Assets, as of Dec. 31 2008	<u>\$ 127,522</u>

Information & Services Provided

KABC works in many ways to educate families who are dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers, and nursing home staff who attend grant-related training sessions. KABC engages in public policy advocacy to improve the quality of long-term care.

Assistance Provided	2008	2007	2006	2005
Requests for information (from our toll-free number & via email)	758	842	864	961
Website visits to access information	4,933	4,408	3,295	3,775
Total newsletters sent (5 times/year to members, contributors, and legislators)	3,645	3,450	3,425	3,375
Attendees at training sessions	1,300	750	1,621	1,568
Testimony presented to legislature	15 bills	7 bills	5 bills	5 bills



KABC volunteers and members provide a considerable amount of time and energy to create more awareness about the ways that KABC can assist persons wanting to know more about long-term care options in our state and in raising funds to continue KABC's work. The following information represents only a small part of board and member volunteer time and outreach activities for 2008:

- Legislative testimony, public awareness and fundraising: 135 hours
- Individuals reached: 500

Each KABC board member also spends about 30 hours per year attending board meetings and executive committee meetings. This information was taken from contact tracking reports provided by individual board members.

We are very appreciative of the support provided by each and every member and board volunteer.

**Membership by
County**

Allen
Atchison
Barton
Brown
Butler
Cherokee
Cloud
Coffey
Cowley
Crawford
Dickinson
Douglas
Edwards
Elk
Ellis
Finney
Ford
Franklin
Geary
Gove
Grant
Gray
Greenwood
Harper
Harvey
Jackson
Johnson
Kearny
Kingman
Kiowa
Labette
Leavenworth
Linn
Logan
Lyon
Marion

Stronger Together

KABC voices the concerns of long-term care residents and their families with state government agencies and other state organizations. Throughout the year, KABC gave presentations at the Governor’s Conference and National NCCNHR Conference. KABC advocated with State and Federal representatives, the State Long-Term Care Ombudsman, the Kansas Department on Aging, and Kansas Area Agencies on Aging. In addition, KABC staff represented long-term care consumer concerns with various national and state agencies, coalitions and work groups.

- ☆ AARP Kansas, Executive Council
- ☆ Adult Care Home Advisory Committee (KDOA)
- ☆ Advancing Excellence in America’s Nursing Homes Campaign - LANEs
- ☆ Alliance of Health Associations
- ☆ Coalition to Honor End of Life Choices (Douglas County)
- ☆ Culture Change Coalition
- ☆ Douglas County Coalition on Aging
- ☆ Kansas Alliance for Caregivers
- ☆ Kansas Association of Area Agencies on Aging (K4A)
- ☆ Kansas Department on Aging (KDOA) advisory committees
- ☆ Informational booth at the May 2008 Governor’s Conference on Aging
- ☆ Kansas Foundation for Medical Care (KFMC) Advisory Council
- ☆ Kansas Health Policy Authority - Consumer Advisory Committee
- ☆ Kansas City Partnership for Caregivers
- ☆ KU master’s level school of social work - presentation on long-term care
- ☆ Lawrence Area Partners in Aging
- ☆ LIFE Project for end-of-life care & pain management
- ☆ OKIRSA - Older Kansans Information & Referral Services Association
- ☆ PEAK-Ed Advisory Committee, KSU Center on Aging
- ☆ Senior Advocacy Network of Johnson County
- ☆ Social and Rehabilitative Services - “Money Follows the Person” project Steering Committee

Acknowledgments

Kansas Advocates thank the following businesses and individuals who have volunteered substantial time and/or services to further KABC projects throughout 2008:

- ◇ **William Dann** for contributing his musical talents to raise money for KABC.
- ◇ **Steve & Kelly Wildeman**, owners of American Presort for generously providing mailing services for the KABC newsletters.
- ◇ **Jeanne Reeder** for her unmatched dedication to Alzheimer’s patients and families across Kansas.

Plans for the Future

Since its inception, Kansas Advocates for Better Care has given voice to the concerns and desires of long-term care consumers in our state. With a doubling of Kansas citizens reaching the age of 65 or better by 2030, our voice must be ever stronger.

- Reaching across the state and engaging older adults, their family members, friends, and others who have an investment in the long-term care services available in our communities is of highest priority. Thanks to the Sunflower Foundation Capacity Building grant, we are creating a strategic plan to help us meet this goal.
- Insisting on legislation that ensures all persons who receive long-term care services have access to an independent advocate/ombudsman regardless of whether they are in a nursing home, assisted living or a home setting, is critical for assuring health and safety needs of consumers. Thanks to Rep. Tom Sloan, legislation that KABC championed has been introduced but not yet passed.
- Increasing KABC's educational, training and information sharing activities that promote Person-Centered Care and Culture Change is needed to create the kind and quality of care that all of us want for ourselves and our loved ones. Through the new Harriet Nehring Education Fund and partnering with the Kansas Department on Aging we are reaching out to more caregivers.
- Ensuring that KABC is able to maintain and expand vital support and guidance services we provide to older adults and their caregivers.
- Advocating for funding of long-term care needs to meet the demand reflected by the dramatic increase in an aging population.
- Not losing ground for hard won gains during a time of economic downturn.

Legislative Activities

During the 2008 Legislative Session, KABC supported and provided testimony on the following bills:

- House Sub for SB 365 to establish the Joint Committee on Home and Community Based Services Oversight to review individuals transferred from institutional setting to home and community based settings. **Passed.**
- SB 566 by the Ways and Means Committee. Concerns the Dept. of SRS relating to attendant care workers who provide home and community based services.
- SB 656 by Committee on Appropriations – require that long term care services, including home and community based services, be provided through a comprehensive and coordinated system throughout the state.
- HB 2752 (substitute for HB 2236) would establish a statewide geriatric mental health service program.
- SB 562 provide for mobile polling places in nursing homes and certain related facilities. **Passed.**
- Support for Budget Requests that would fund two additional Long-Term Care Ombudsmen.
- Support for Community Long-Term Care Ombudsman that would provide advocacy to those receiving long-term care in their homes.
- SB 81 would enact the Health Care Reform Act of 2008
- HB 2644 amends existing law regarding the Guardian and Conservator Act. **Passed.**

McPherson
 Montgomery
 Neosho
 Osage
 Osborne
 Pottawatomie
 Reno
 Rice
 Riley
 Rooks
 Saline
 Scott
 Sedgwick
 Seward
 Shawnee
 Sumner
 Thomas
 Wabaunsee
 Wyandotte

Out of State

Arkansas
 Arizona
 California
 Colorado
 Connecticut
 Illinois
 Maryland
 Michigan
 Minnesota
 Missouri
 New Jersey
 New York
 North Carolina
 Oklahoma
 Pennsylvania
 Rhode Island
 Texas
 Virginia
 Washington, DC



Kansas Advocates
for
Better Care

Formerly Kansans for Improvement of Nursing Homes



Annual Report Produced by: Mitzi E. McFatrach, Executive Director and Lenette Hamm, Office Manager
Financial information taken from the 2008 Audit prepared by: Unger & Associates.

Most people try not to think about nursing homes... that's why we think about them every day.

My \$ _____ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to _____

General contribution _____ KABC Endowment Fund _____

Harriet Nehring Memorial Fund _____

*KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.*

Name _____

Address _____

City, State _____ Zip _____

*Make checks payable to **Kansas Advocates for Better Care** and return to:*