



Kansas Advocates
for
Better Care

“Advocating for Quality Long-term Care” since 1975

Annual Report January - December 2007

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Kansas Advocates for Better Care Annual Report 2007

2007 Board of Directors

President: Barbara Braa
Eudora, Trust Officer

Vice-President: Molly M. Wood, JD
Lawrence, Elder Law Attorney

Treasurer: Evie Curtis
Overland Park, Trust Officer

Secretary: Margaret Farley, JD
Lawrence, Attorney

Annette Graham, Wichita
*Executive Director
Central Plains Area Agency on Aging*

Donald R. Janes, MD, Overland Park
Director, Senior Link

Jean Krahn, Manhattan
*Executive Director
Kansas Guardianship Program*

Eloise Lynch, Salina
Retired Teacher & Kansas Legislator

Marilyn & Ollie Brashears, KC
*Alverta McField Nursing Home
Support Group*

Earl Nehring, PhD, Lawrence

Jeanne Reeder, LMSW MRE
*Overland Park
Heart of America Alzheimer's Assn.*

Artie Shaw, PhD, Lawrence
Clinical Psychologist

Jean Wambsganss, Hutchinson
*Retired Nursing Home Activities/Social
Service Director*

Honorary Board Member
William Dann

Year in Review

2007 was a year of change for KABC.

After nearly ten years as Executive Director, Deanne Bacco retired from Kansas Advocates for Better Care. Deanne's tenure was a period of organizational stability, outreach and growth for KABC. She was instrumental in maintaining KABC's organizational reputation, its professional board of directors, and the quality of our staff. Her efforts resulted in growth in grant projects, educational outreach, and organizational technology, including a redesigned website. Deanne helped implement major fund-raising campaigns including the establishment of the KABC Endowment Fund. Deanne's efforts focused on finding the best way to manage KABC's scarce resources to meet the ever-changing and ever-increasing needs of consumers needing long-term care.



On October 1, 2007, Mitzi McFatrigh of Lawrence began as KABC Executive Director. Mitzi has over 25 years of experience in business management, advocacy, communications and fund development in non-profit and small business. Over half of her years of experience have been in health care arenas, and, like so many of us, she has hands-on experience with aging relatives. Most recently, Mitzi was Executive Director for the Foundation on Aging in Mission, Kansas.



We wish Deanne all the best in her retirement, and welcome Mitzi. Change in leadership brings about challenges - however the KABC board and staff look forward to working with Mitzi, and watching KABC's continued growth under her watch.

In August 2007, **Harriet Burgess Nehring** passed away. Harriet was the first Executive Director for then Kansans for Improvement of Nursing Homes (KINH), a position she held for 15 years before retiring. She highly valued public and professional education about nursing home issues. **Earl Nehring's** generosity is establishing a fund honoring **Harriet's** dedication to quality long-term care. These funds will support much needed education outreach and training for professional and non-professional caregivers across Kansas.



KABC's board and staff are grateful to all our members and supporters for their generosity in 2007. We are looking forward to a prosperous and exciting new year!

Grant-funded Projects

“Workforce Enhancement”

The Kansas Department on Aging once again awarded KABC a “Workforce Enhancement” grant in 2007. From March through September, Isla Richards RN provided presentations about “*Understanding Nursing Home Regulations*” to over 600 unlicensed staff and approximately 150 licensed staff at the following facilities. The booklet used in these presentations is available online:

http://www.kabc.org/pdfs/understanding_nursing_home_regulations_2007.pdf

- Eventide Convalescent Center, Topeka
- Providence Living Center, Topeka
- Flint Hills Care Center, Emporia
- Medicalodge of Gardner
- Hillside Village of DeSoto
- Plaza West, Topeka
- Lakepoint Nursing & Rehab, Augusta
- Pioneer Ridge, Lawrence
- Medicalodge of Atchison
- The Cedars, McPherson
- Medicalodge East of Kansas City
- Holiday Resort of Emporia
- Royal Terrace, Olathe
- Garden Terrace of Overland Park

“Technology Infusion”

In 2006, The Sunflower Foundation of Topeka awarded a capacity building grant to KABC. The grant request was based on the need for updated office computers and software, speaker phones for conference calling, and a new multifunction color copier/printer. The grant also provided funds for computer consulting costs. The final grant report was submitted in June, 2007.

The grant allowed KABC to purchase two new HP computers, two new Polycom speaker phones, and a Savin color printer/copier/scanner. The grant also paid for a local computer consulting firm to house all KABC files on remote servers. The firm provides back-up service and technical support, and has updated the KABC website (www.kabc.org) with a new, fresh look.

We at KABC knew that having updated equipment would be a terrific addition to the organization. The new technology has increased staff efficiency, provides more safeguards for computerized documents, databases and financial files, and allows us the opportunity to create professional-looking color publications in the office. We often receive compliments about the quality of our paper presentations, now done in color. Our website hits are steadily increasing, making KABC more widely available to our target audience, the “boomer” population.

**The KABC staff and board is
very grateful to the
Kansas Department on Aging, and the
Sunflower Foundation
for funding these worthwhile projects.**



Currently active members and contributors

KABC appreciates all the support we receive each year.

Our members and contributors continue to help us thrive. The following list represents all KABC paid members and contributors as of December 31, 2007. "Cerfer" members are underlined. "Endowment Founders" are in a **larger, bold font**.

Accident Recovery Team/Jeff Tevis

Thomas Albracht

Jim & Barbara Albrecht

Pauline Alexander

Portia Allbert

Martha S. Allen

Alterra Clare Bridge Cottage

Gerry Amrein

Betty R. Anderson

Richard & Elvira Angeletti

Anonymous donor

John Arensburg

Marjorie Argersinger

William Arnold

Arrowood Lane

Asbury Park/Thomas Williams

Deanne & Lou Bacco

Bea Bacon

Barbara Bailey

Jill Baker

B. J. Baron

James W. Barrett

Myrna Bartel

H. J. Baumgartel

Ross & Marianna Beach

Jerry Bellomy

Garner & Harriet Berg

Joan & Bert Berkley

Bethany Home Association

Alta Bingham

Erika Binns

Rodney Bishop

Harriet Bixenman

Lloyd C. Bloomer

Bank of America Foundation

Mary Boyden

Barbara & Mick Braa

Marilyn Bradt

Jessie Branson

Marilyn & Ollie Brashears

Carolyn Brushwood

Greg & Susan Bryant

Butler Co. Dept. on Aging

Thomas & Pauline Buttery

Daisy Caress

Cerf-Dunbar Foundation

Marilyn Chamberlin

Chapman Valley Manor

Allan & Beth Cigler

Lois Clark

Robert & Cynthia Claus

Carol Clifford

Florence Close

JT Compton/ABC Foundation

Wayne & Nancy Cottril

Tom Coulter

Anne Cowan

Jean Cowles

Charley & Lynne Crabtree

Fred Craig

Morton & Una Creditor

W. Hobson & Helen Crockett

Warren Culver

Evie & Bob Curtis

Bill Cutler

William Dann

Delaware Highlands

Mae Dobie

Michael & Gay Doudoroff

Joseph M. Douglas

Jim Doyle

JW & Florence Drury

East Central KS AAA

Eva Edmands

Irene Edwards

Terry Edwards

Elder & Disability Law Firm

Gwen Elliott

Elmhaven Nursing Homes

Hilda Enoch

Robert & Anita Epps

Ann Etter

Eudora Nursing Home

James & Sara Farley

Margaret Farley & Ron Schneider

Oliver Finney

Frances Fischer

Henrietta Fleming-Loughary

Elizabeth Fletcher

J. Robert Fluker

Sen. Marci Francisco

Rodney & Karen Franz

Barbara Frey

Vernon & Anna Friesen

Dorothy Fritzel

Lila Fry

Robert Fullman

Garden Terrace of Overland Park

Richard Gegen

Reba George

Mary Getter

Helen Gilles

Margaret S. Gordon

Shirley Sue Gordon

Martha Graber

Annette Graham

Mary K. Greenwood

Keith A. Greiner

Roy & Marilyn Gridley

Pamela Griffin

Grandview United Methodist Women

Della Hadley

Jackie Hadl-Fromm

C.T. Hall

Nancy Hambleton

Janet Hamburg

Marie Hamilton

Richard & Patty Hanley

Janie Harris

L. Marie Haun

Alice Hayes

Virginia Hayslip

Marjorie Hazlett

Patricia Healy

Francis H. Heller

Barb Helm

James Helyar

Philip Hemphill

High Plains Retirement Village

Wayne & Dana Hild

Stephen & Marcia Hill

Hilltop Manor

Dick & Sue Himes

James K. Hitt

Alice Hixson

GW & Joyce Hoffman

Mary Lou Holcomb

Joseph Hollowell Jr. & Emily Russell

Terry Humphrey

Violet Hurlock

Tom Hynes

Janet Ikenberry

Verlin Ingram

Barbara James

Donald Janes

Mr. & Mrs. Harlan Jennings

Currently active members and contributors (*continued*)

Jewish Community Women
Johnson County Health Dept.

Jill Johnson

Judith Johnson

Brock Jones

Elizabeth Dann Jones

JoAnn Jones

David & Sharyn Katzman

Barbara Kelly

Lee Ketzel

Kansas Health Care Association

Paul & Gwyn Kitos

Tom Klammer

Jean Krahn

Lakepoint Nursing & Rehab

Arle Ann Lamberd

Ellen Laner

Johnson Co. Nursing Center

Lawrence Presbyterian Manor

Leonardville Nursing Home

Mr. & Mrs. Herb Lewis

Robert & Betty Lichtwardt

Bill & Jeanine Lienhard

Marilyn Lindsay

Linn Community Nursing Home

Linnwood Place

Carolyn Litwin

Lyle & Lucille Loader

Leavenworth Co. Council on Aging

Joan Loehr & Jerry Howell

Rita Lucas

Eloise Lynch

Jean Marchand

Harriett H. Mark

Robert Marrin

Linda Mason

Suzanne McColl

Imo McCosh

H.R. McFarland

Mitzi E. McFatrigh

Beverly McGill

Toby McIntosh

Meadowlark Hills Retirement

Charles & Mary Michener

Midland Hospice Care

Jesse & Alversa Milan

Arthur & Helene Miller

Karen S. Miller

Mary P. Miller

Harry & Patricia Miller

Lucille Mitchell

Medicalodge East-Kansas City

Medicalodges, Inc.

Alton Morey

Don Morris/Midwest Coatings

Sally Morse

Mount Joseph Senior Community

Don Mueller

Jo Nedrow

Earl Nehring

Neil & Maria Nehring

Brian Nicewanger

Twyla Noller

Mr. & Mrs. Dale Norton

Charmaine Oesterreich

Rice Co. Council on Aging

North Central/Flint Hills AAA

Will Orvedal

Park Lane Nursing Home

Good Samaritan Society-Parsons

Pleasant View Home

Prairie Senior Living Complex

Pratt Family Foundation

Arkansas City Presbyterian Manor

Laurance & Johanna Price

Quaker Hill Manor

Val Quant

Shane Lillich & Roxanne Rachlin

Mary Rack

Mary Rawcliffe

Mary Reardon

Jeanne Reeder

Marjorie Rees

Cathy Reinhardt

Roberta Reinich

Harold & Donna Reihm

Christopher & Deltie Riggs

Kansas State Nurses Association

Warren H. Robinson

Harlan & Sidney Roedel

Marian Root

Irene Rose

Edward & Lenore Rowe

Carol Sader

South Central AAA

Carol Schmitt & Wayne Propst

Richard & Barbara Schowen

Robert & Gladys Schroeder

Doris Schultz

Eric & Jo Scott

Jim & Virginia Seaver

Clarence & Lucy Seaver

Dan Shanelec

Arthur Alan Shaw

The Shepherd's Center

Robert Shmalberg

Simpson Foundation

Diane Simpson

Fred & Lilian Six

Edward & Carol Slawson

Barbara Smith

Beverly Smith Billings

John Solbach

Jerrold Spady

Arlo & Laura Sporer

St. Joseph Senior Village

Olive Stanford

R.J. & Karen Stephenson

Philip L. Stevens

Linda & John T. Stewart III

Stoneybrook Retirement

John & Joan Strickler

Ann Surdez

Mrs. G.W. Swift

Barbara Thomas

Una Thompson

Peter & Judith Thompson

Donna Thonen

Ruth Tomasek

Twin Oaks Assisted Living

Unity Church of Lawrence

Wesley & Eleanor Unruh

Western Prairie Care Home

Karen Vincent

Mark Vollmer

David Walker

Patsy Walz

Norma Ward

Ruth Warren

Marian E. Warriner

Ruth Weir

Toni Wellshear

Westridge of Girard

Peter Whitenight

Wilkerson, Saunders & Anderson

Jan Williams

Patricia Williams

WJ & Rosemary Williamson

David & Marion Wilson

Roger K. Wilson

Julia Wood

Molly M. Wood

Vivian Wood

George & Carol Worth

Judy Wright

Linda Wright

Wyandotte County AAA

Ina Kay Zimmerman

Richard & Diane Zinn

2007 Major Contributors

William Dann
 J.T. Compton/ABC Foundation
 Earl Nehring
 Jackie Hadl-Fromm
 J.W. & Florence Drury
 Elizabeth D. Jones
 Molly M. Wood
 Cerf-Dunbar Fund of the
 Community Foundation
 for the National Capital
 Region
 Thomas & Pauline Buttery
 James & Sara Farley
 Evie & Bob Curtis
 Bank of America Foundation
 Toby McIntosh
 Linda & John T. Stewart III
 Margaret Farley &
 Ron Schneider
 Wayne & Nancy Cottril
 Philip S. Hemphill
 J. Robert Fluker
 Deanne & Lou Bacco
 Jean Krahn
 Barbara & Mick Braa
 Karen Vincent
 Carolyn Brushwood
 Mark Vollmer
 Robert & Cynthia Claus
 Joseph Hollowell &
 Emily Russell
 Don Mueller

2007 Financial Report

As of December 31, 2007

ASSETS

Current Assets	
Cash-checking	\$ 3,811
Money Market	<u>6,887</u>
Total Current Assets	<u>\$ 10,698</u>
Other Assets	
Endowment Fund	121,647
Equipment	\$ 13,672
Less accumulated depreciation	<u>(8,378)</u>
Property & Equipment, net	\$ 5,294

Total Assets \$ 137,639

LIABILITIES & NET ASSETS

Total Current Liabilities \$ 1,899

Net Assets	
Unrestricted	\$ 14,093
Temporarily Restricted	<u>121,647</u>
Total Net Assets	\$ 135,740

Total Liabilities & Net Assets \$ 137,639

Unrestricted Revenue	
Contributions	\$ 91,887
Memorials	10,840
Endowment Investment Income	10,676
Annual/Board Meeting	490
Membership Dues	8,945
Misc. Income	236
Interest Income	<u>1,546</u>
Total unrestricted revenue	\$ 124,620

Net assets restricted (4,345)

**Total Unrestricted Revenue and net assets released
 from purpose restrictions** \$ 120,275

Expenses	
Program	\$ 106,249
Management/General	13,651
Fundraising	4,538
Member Development	<u>4,454</u>

Total Expenses \$ 128,892

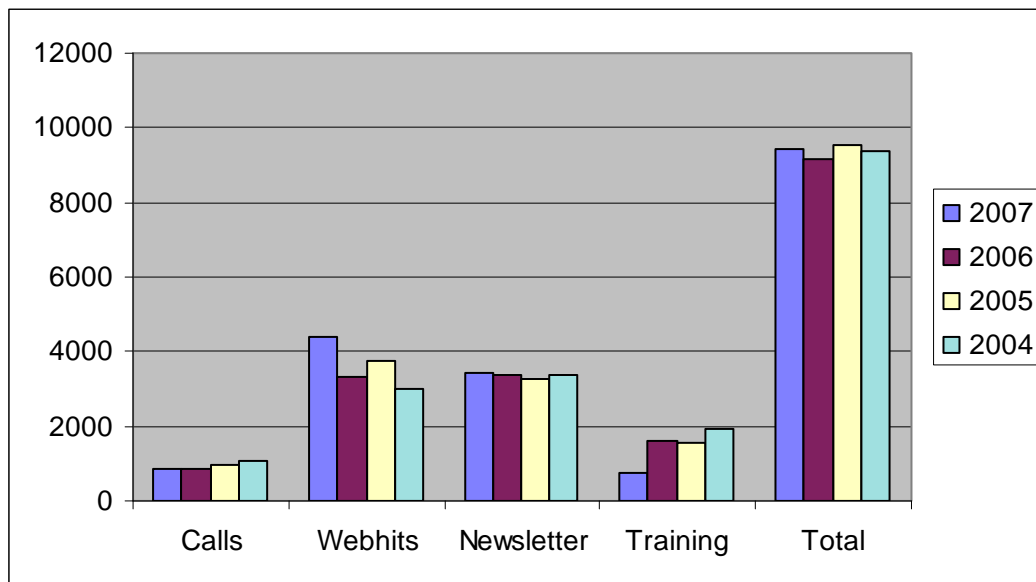
Change in Net Assets	\$ (8,617)
Temporarily Restricted Assets (Grants/Endowments)	12,392
Net assets restricted for purpose	4,345
Increase in restricted assets	16,737
Increase in net assets	8,120

Net Assets as of Jan. 1 2007 127,620
Net Assets, as of Dec. 31 2007 \$ 135,740

Information & Services Provided

KABC works in many ways to educate and equip consumers dealing with long-term care issues. This chart summarizes our efforts to provide good information to our members, contributors, consumers and nursing home staff who attend grant-related training sessions.

Assistance Provided	2007	2006	2005	2004
Requests for information (from our toll-free number)	842	864	961	1,088
Website visits	4,408	3,295	3,775	3,000
Total newsletters sent (5 times/year to members, contributors, and legislators)	3,450	3,425	3,375	3,250
Attendees at training sessions	750	1,621	1,568	1,926
Testimony presented to legislature	7 bills	5 bills	5 bills	6 bills



In addition to the outreach efforts identified above, many KABC board members provide a considerable amount of time and energy to promote KABC. The following information represents only a small part of board member time and outreach for 2007:

- Legislative testimony, public relations and fundraising: approximately 125 hours
- Individuals reached: approximately 500

Each KABC board member also spends about 30 hours per year attending quarterly board meetings and monthly executive committee meetings. This information was taken from contact tracking reports provided by individual board members.

We are very appreciative of the support provided by each and every board member.

**Membership by
County**

Allen
Atchison
Barton
Brown
Butler
Cherokee
Cloud
Coffey
Cowley
Crawford
Dickinson
Douglas
Edwards
Elk
Ellis
Finney
Ford
Franklin
Geary
Gove
Grant
Gray
Greenwood
Harper
Harvey
Jackson
Johnson
Kearny
Kingman
Kiowa
Labette
Leavenworth
Linn
Logan
Lyon
Marion

Legislative Activities

During the 2007 Legislative Session, KABC provided testimony on the following bills (KABC position in parenthesis):

- HB 2196: Addition of regional long-term care ombudsmen. (*support*)
- HB 2342: Nurse pronouncement of death of resident in nursing homes. (*oppose*)
- HB 2649: Pain management & palliative care. (*support*)
- HCR 501I: Support for Family Caregivers. (*support*)
- SB 491: Nursing Home Residents increase in daily personal financial allowance. (*support*)
- SB 530: Physician determine cause of death of nursing home resident but not required to be on-site. (*support with caution*)
- Department Budget for Kansas Department on Aging (*support*)

Networking Activities

KABC voices the concerns of long-term care residents and their families with state government agencies and other state organizations when working on shared goals. Throughout the year, KABC gave presentations or provided testimony to State and Federal representatives, the Governor's conference, the State Long-Term Care Ombudsman, the Kansas Association of Homes & Services for the Aging (KAHSA), and various Agencies on Aging. In addition, Deanne Bacco and Mitzi McFatrigh interacted or participated with:

- ☆ AARP Kansas (*Deanne was, and Mitzi is now on the Executive Council*)
- ☆ Adult Care Home Advisory Committee (KDOA)
- ☆ Advancing Excellence in America's Nursing Homes Campaign - LANEs
- ☆ Alliance of Health Associations
- ☆ Coalition to Honor End of Life Choices (Douglas County)
- ☆ Culture Change Coalition
- ☆ Douglas County Coalition on Aging (**new initiative**)
- ☆ K4A regional caregiver conference: "Caregiving Across the Ages" (**new participation**)
- ☆ Kansas Alliance for Caregivers
- ☆ Kansas Association of Area Agencies on Aging (K4A)
- ☆ Kansas Department on Aging (KDOA) advisory committees, and a booth at the May 2007 Governor's Conference
- ☆ Kansas Foundation for Medical Care (KFMC) Advisory Council
- ☆ Kansas Health Policy Authority-Consumer Advisory Committee
- ☆ KC Partnership for Caregivers (**new participation**)
- ☆ KU master's level school of social work (**new participation**)
- ☆ Lawrence Area Partners in Aging
- ☆ LIFE Project for end-of-life care & pain management
- ☆ OKIRSA – Older Kansans Information & Referral Services Association
- ☆ PEAK-Ed Advisory Committee (promotes person-centered long-term care)
- ☆ KSU Center on Aging
- ☆ Senior Advocacy Network of Johnson County
- ☆ Social and Rehabilitative Services-"Money Follows the Person" project Steering Committee (**new initiative**)

Plans for the Future

During 2007, KABC worked diligently to realize Strategic Plan goals. The following indicates the positive steps taken toward KABC Strategic Plan (2007-2010) internal goals:

- An endowment fund with \$250,000 in assets (- \$124,000 as of 12/31/07)
- A membership/donor base of 1,000 persons who provide an average of \$100 each to yield an annual operational funding base of \$100,000. (82 “Cerfer” members as of 12/31/07 compared with 32 as of 12/31/06)
- Annually assist 1,000 consumers calling the toll-free number with guidance/consultation, including providing follow-up materials. (842 calls to KABC’s toll-free number in 2007)
- Board Member outreach through presentations/materials touch 5,000 persons. (approximately 500 in 2007)
- 5,000 visits to the web site each year. (4,408 in 2007)
- Members in all 105 Kansas Counties. (55 counties in 2007)
- Make Consumer Information Reports available for ordering via the KABC website, and emailed to consumers. (available as of August 2007)

KABC continues to present concerns to the Kansas Legislature regarding adequate nursing home staff to provide quality health care to residents. KABC supports NCCNHR’s recommends a minimum of 4.13 nursing staff hours per resident day.

The State Long-Term Care Ombudsman (SLTCO) program has a goal to have paid regional ombudsman in each of the eleven area agency on aging regions. To date, there are nine regional Ombudsman in Kansas. The SLTCO wants every nursing home to have a well-trained volunteer ombudsman and/or friendly visitor. KABC will be working with the SLTCO on the “Ombuddy” Program in 2008 to facilitate this goal. In addition, two bills in 2007 addressed this concern. KABC fully supports these efforts.

2008 looks to be a year full of challenges and positive change. We look forward to your participation with long-term care efforts in 2008.

Acknowledgments

Kansas Advocates thank the following businesses who have volunteered substantial time and/or services to further KABC projects throughout 2007:

- ◇ Pam & Kevin Wold-former owners of American Presort of Topeka for the many years they provided mailing services for KABC newsletters.
- ◇ Earl Nehring for contributing so generously to establish the Harriet Nehring Education Fund & endowment memorial fund.
- ◇ Steve & Kelly Wildeman, new owners of American Presort - for “adopting” KABC from the Wolds!
- ◇ KABC Board Members, who regularly promote KABC through their networks.

McPherson
 Montgomery
 Neosho
 Osage
 Osborne
 Pottawatomie
 Reno
 Rice
 Riley
 Rooks
 Saline
 Scott
 Sedgwick
 Seward
 Shawnee
 Sumner
 Thomas
 Wabaunsee
 Wyandotte

Out of State

Arkansas
 Arizona
 California
 Colorado
 Connecticut
 Illinois
 Maryland
 Michigan
 Minnesota
 Missouri
 New Jersey
 New York
 North Carolina
 Oklahoma
 Pennsylvania
 Rhode Island
 Texas
 Virginia
 Washington, DC



Kansas Advocates
for
Better Care



Annual Report Produced by: Mitzi E. McFatrach, Executive Director and Lenette Hamm, Office Manager
Financial information taken from the 2007 Audit prepared by: Unger & Associates.

Most people try not to think about nursing homes... that's why we think about them every day.

My \$ _____ tax deductible contribution is enclosed.
(Please identify how you prefer your gift to be used):

As a memorial to _____

To the Harriet Nehring Education Fund _____ To KABC Endowment Fund _____

General contribution _____

*KABC is a 501(c)(3) non-profit, as identified by the IRS.
Your support continues the mission of advocating for quality long-term care for frail and elderly Kansans.
All contributions are tax-deductible, as provided by law.*

Name _____

Address _____

City, State _____ Zip _____

*Make checks payable to **Kansas Advocates for Better Care** and return to:*

913 Tennessee, Suite 2 Lawrence, KS 66044