



Kansas Advocates
for
Better Care

“Advocating for Quality Long-term Care” since 1975

Annual Report January - December 2006

What’s inside:

Year in Review, Board Members	page 2
Grant Information	page 3
Members & Contributors	page 4
Financial Report & Major Contributors	page 6
Information & Services Provided	page 7
Membership by County	page 8
Legislative & Networking Activities	page 9
Plans for the Future & Acknowledgments	page 9

Kansas Advocates for Better Care Annual Report 2006

2006 Board of Directors

President: Barbara Braa, *Eudora
Trust and Investment Officer*

Vice-President: Molly Wood, JD, *Lawrence
Elder Law Attorney*

Treasurer: Evie Curtis, *Overland Park
Senior Vice-President/Trust Officer*

Secretary: Margaret Farley, JD, *Lawrence
Attorney*

Annette Graham, LSCSW, *Wichita
Executive Director
Central Plains Area Agency on Aging*

Donald R. Janes, MD, *Overland Park
Director, Senior Link*

Jean Krahn, *Manhattan
Exec. Director, KS Guardianship Program*

Eloise Lynch, *Salina
Retired teacher /Kansas Legislator*

Marilyn & Ollie Brashears, *Kansas City
McField Nursing Home Support Group*

Earl Nehring, Ph.D., *Lawrence
Retired Professor of Political Science*

Jeanne Reeder, LMSW MRE
*Overland Park
Heart of America Alzheimer's Assn.*

Artie Shaw, Ph.D., *Lawrence
Clinical Psychologist*

Jean Wambsgans, *Hutchinson
Retired Nursing Home Activities/ Social
Service Director*

Julia Wood, *Wichita
Retired Kansas teacher*

Honorary Board Member
William Dann, *Lawrence*

Executive Director
Deanne Bacco, MCP, LACHA

Year in Review

During KABC's 30th Anniversary and Annual Meeting in March 2006, we announced a new endowment fund. Thanks to original contributors **Etta Blanche & Carl Dahlgren** of Kansas City, 19 endowment "founders" (\$1,000 minimum) and many other contributors, this fund reached \$108,000 by the end of 2006! Endowment funds help secure KABC's future. In addition to endowment contributions, the number of "Cerfer" members (\$100/year minimum) continues to grow. In January, we had only 11 members who joined or renewed as "Cerfers" in recognition of founder "Petey" Cerf. By the end of December, we had a total of **34 "Cerfers"**! *(Please refer to page 9, to see how our Strategic Plan and Goals have been updated to include these financial successes.)*

KABC continues to obtain grants from the Kansas Department on Aging to provide training in nursing homes on various topics. A 2006 Capacity Building Grant from the Sunflower Foundation provided the opportunity to infuse new technology into the organization with new computers and other equipment, as well as a new look for our website, www.kabc.org. *(See page 3 for grant details.)*

A new KABC board member was welcomed in August - **Dr. Donald Janes** of Overland Park. Dr. Janes is a retired physician with considerable nursing home experience. He is now the Director of Senior Link in Kansas City, where he oversees home health care services for frail and elderly persons. Last September, the term was up for board members **Alversa and Jesse Milan** of Kansas City Kansas. The Milans, and their replacements **Marilyn and Ollie Brashears**, are actively involved with the **Alverta McField Nursing Home Support Group**.

We are optimistic about the future of nursing homes across Kansas. With "person centered care" becoming a very popular option, it seems likely that care will continue to improve as the "baby boomer" population begins using long-term care services.

Lastly, everyone at KABC is thankful to all of our members and contributors for their interest and support, and for being the backbone of the organization.

Grant-funded Projects

“Compassionate Care”

The Kansas Department on Aging (KDOA) awarded a 2006 grant to provide training to nursing staff about recognizing and preventing abuse, neglect and exploitation. From August through December, Isla Richards RN presented to 471 staff in 14 nursing facilities statewide. The training booklet “Compassionate Care for Adult Care Home Residents” is available from KABC.

- Aldersgate Village, Topeka
- Brewster Health Center, Topeka
- Centers for Long-Term Care, Bonner Springs
- Centers for Long-Term Care, Olathe
- Colonial Manor, Lansing
- Infinia at Wichita
- Junction City Good Samaritan
- Legacy Park, Peabody
- Maple Heights, Hiawatha
- Medicalodge of Leavenworth
- Osage Nursing & Rehab, Osage City
- Pioneer Ridge, Lawrence
- Richmond Healthcare & Rehab
- Topeka Community Healthcare

“Technology Infusion”

The Sunflower Foundation of Topeka awarded a capacity building grant in 2006. The grant request was based on the need for updated office computers and software, speaker phones for conference calling, and a new multifunction color copier/printer. The grant also provided funds for computer consulting costs.

KABC purchased two new HP computers, two new Polycom speaker phones, and a Savin color printer/copier/scanner. We are working with a local computer consulting firm that now houses all KABC files on remote servers. The firm provides back-up service and technical support, and has updated the KABC website (www.kabc.org) with a new, fresh look.

The Savin machine has proven to be a very worthwhile investment, allowing KABC to print color promotional materials in-house, which not only saves on printing costs, but also enhances the organization’s image.

“Workforce Enhancement”

KDOA also awarded a “Workforce Enhancement” grant 2006. The accompanying booklet is available from KABC. From February through July, Isla Richards RN provided presentations about *“Understanding Nursing Home Regulations and the Inspection Survey Process”* to nearly 1,000 unlicensed staff, and about 150 licensed staff at the following facilities.

- Atchison Senior Village
- Brewster Health Center, Topeka
- Centers for Long-term Care, Bonner Springs
- Cheyenne Meadows, Hoisington
- Country Care on Broadway, Leavenworth
- Delmar Gardens, Overland Park
- Eudora Nursing Center
- Flint Hills Care Center, Emporia
- Haysville Health Care Center
- Hutchinson Good Samaritan
- Infinia at Hutchinson
- Infinia at Oswego
- Lakepoint Nursing & Rehab Center, El Dorado
- Lakepoint Retirement, Wichita
- Lawrence Presbyterian Manor
- Legacy Park, Peabody
- Maple Heights, Hiawatha
- Medicalodge East of Kansas City
- Medicalodge of Leavenworth
- Pinecrest Nursing Home, Humboldt
- Pleasant Valley Manor, Sedan
- Richmond Care Center
- Rolling Hills, Topeka
- Shawnee Gardens
- Slate Creek Good Samaritan, Wellington
- Valley View Professional Care, Junction City
- Winfield Rest Haven

KABC is very grateful to the Kansas Department on Aging, and the Sunflower Foundation for funding these projects.



Currently active members and contributors

KABC appreciates all the support we receive each year. Our members and contributors continue to help us thrive. The following list represents all KABC members and contributors as of December 31, 2006. “Cerfer” members are underlined. “Endowment Founders” are in a **larger, bold font**.

Aberdeen Village
Accident Recovery Team PA
Verna Adams
Thomas Albracht
Jim & Barbara Albrecht
Pauline Alexander
Portia Allbert
Ms. Gerry Amrein
Elvira Angeletti
John Arensberg
Arrowood Lane
Asbury Park

Lou & Deanne Bacco

Mrs. Bea Bacon
Barbara Bailey
Jill Baker
Mrs. Elva Banning
James W. Barrett
Myrna Bartel
Gloraine Batsell
Ross & Marianna Beach
Kathi Beeton
Joan & Bert Berkley
Bethany Home Association
Alta Bingham
Erika Binns
Harriet Bixenman
Lloyd C. Bloomer
Mary Booth
Barbara & Mick Braa
Marilyn Bradt
Jessie Branson
Bethel Presbyterian Church
John & Carolyn Brushwood
Greg & Susan Bryant
Butler Co. Dept. on Aging
Cans for the Community
Jim & Cathy Carlton
Doug Carter Law Offices

Cerf-Dunbar Fund of the Community Foundation for the National Capital Region

Marilyn Chamberlin
Chapman Valley Manor

Betty Jo Charlton
Lois Clark
Carol Clifford
Mrs. Florence Close
Cole Consultants
Ann Compton
JT Compton/ABC Foundation
Nancy & Wayne Cottril
Tom Coulter, MD
Anne Cowan
Robert F. Craig
Morton Creditor, MD
W. Hobson & Helen Crockett

Judith Culley
Warren Culver
Cumbernauld Village

Bob & Evie Curtis

Curves for Women
Bill Cutler

Carl & Etta Blanch Dahlgren

Eric Daigh

William Dann

Delmar Gardens/Overland Park
Sonia Derusseau
Disability Rights Center of KS
Dodge City Good Samaritan
Michael & Gay Doudoroff
Mark Durkin

East Central Kansas Area
Agency on Aging

Eva Edmands
Irene Edwards
Gwen Elliott
Elmhaven Nursing Centers
Hilda Enoch
Eudora Nursing Center
Dr. & Mrs. James Farley

Margaret Farley & Ron Schneider

J. Robert Fluker
Rodney & Karen Franz
Barbara Frey
Vernon & Anna Friesen
Dorothy Fritzel

Lila Fry
Robert Fullman
Garden Valley Retirement Ctr.
Garden Terrace/Overland Park
Richard Gegen
Reba George
Helen Gilles MD
Margaret S. Gordon
Shirley Sue Gordon
Martha Graber
Annette Graham
Mary K. Greenwood
Keith Greiner
Marilyn Gridley
Grandview United Methodist

Women
C.T. Hall
Nancy Hambleton
Marie Hamilton
Dorothy Hanger
Bonnie Haslouer
L. Marie Haun
Elizabeth Haverfield
Alice Hayes
James & Virginia Hayslip
Marjorie Hazlett
Patricia Healy
Philip Hemphill
Barb Helm
Wayne & Dana Hild

Stephen & Marcia Hill

Hilltop Manor
Dick & Sue Himes
James K. Hitt
Elma Holder
Violet Hurlock
Helen Ingram
Verlin Ingram
Barbara James
Donald Janes, MD
Jewish Community Women
Johnson County Nursing Ctr.
Jill Johnson
Judith Johnson
Brock Jones

Currently active members and contributors (*continued*)

Elizabeth D. Jones

Nancy Jones
Janice Katterhenry
Barbara Kelly
Lee Ketzell
KFMC
Paul & Gwyn Kitos
Jean Krahn

Ruben J. Krisztal

Lakepoint Nursing & Rehab
Arle Ann Lamberd
Ellen Laner
Norman Laughlin
Lawrence Presbyterian Manor
Leonardville Nursing Home
Mr. & Mrs. Herbert Lewis
Robert & Betty Lichtwardt
Bill & Jeanine Lienhard
Marilyn Lindsey
Carolyn Litwin
Lyle & Lucille Loader
Linda Lobb
Dr. Joan Loehr & Jerry Howell
Rita Lucas

Eloise Lynch

Robert & Jean Marchand
Linda Mason
George & Marilyn McCreary

Suzanne McColl

Bill McEldowney
Betty McElhaney
Dr. H. R. McFarland
Beverly McGill
Toby McIntosh
Meadowlark Hills
Lynn K. Megaffin
Midland Hospice Care
Jesse & Alversa Milan
Mary P. Miller
Medicalodge East/Kansas City
Medicalodges, Inc.
Alton Morey
Don Morris/Midwest Coating
Mt. Joseph Senior Community
Jo Nedrow

Earl Nehring

Twyla Noller
North Central/Flint Hills
Area Agency on Aging

Mr. & Mrs. Dale Norton
Charmaine Oesterreich

Tensie Oldfather

Mary Olson
Raymond Olson
Will Orvedal
Park Lane Nursing Home
Parsons Good Samaritan
Pamela Phares
Sigrid Pishney
Pleasant View Home
Helen Poland
Prairie Senior Living Complex

Pratt Family Foundation

Presbyterian Manor/Ark City
Laurance & Johanna Price
Val Quant
Roxanne Rachlin
Mary Rawcliffe
Jeanne Reeder
Marjorie Rees

Cathy Reinhardt

Isla Richards
Christopher & Deltie Riggs
Warren Robinson
Carol Sader
Kathy Sanders
Saline Co. Commission on Aging
SO. Central Area Agency on Aging
Linda Scardino
Richard & Barbara Schowen
Robert & Gladys Schroeder
Doris Schultz

Eric & Jo Scott

Jim & Virginia Seaver
Dan Shanelec
Roberta Sharp
Artie Shaw
The Shepherd's Center
Robert Shmalberg
Diane Simpson
Fred & Lilian Six
Barbara Smith
Beverly Smith Billings
Solomon Valley Manor
Jerrold Spady
St. Joseph Village
John T. & Linda Stewart III
Mrs. Pearl Stonebraker

John & Joan Strickler

Ann Surdez
Peter & Judith Thompson
Mrs. Donna Thonen
Ruth Tomasek
Donna Travis
Twin Oaks Assisted Living
Unity Church of Lawrence
Wesley & Eleanor Unruh
Western Prairie Care Home
Karen Vincent
Mark Vollmer
Geraldine Voss
David W. Walker
Patsy Walz
Jean Wambsganss
Claudia Ward
Norma Ward
Marian Warriner
Ruth Weir
Clarence Whitaker, Sr.
Jan Williams
Patricia Williams
W.J. & Rosemary Williamson
Roger K. Wilson
Julia Wood

Molly Wood

Vivian Wood
George & Carol Worth
Judy Wright
Ina Kay Zimmerman
Richard & Diane Zinn



2006 Major Contributors

William Dann
 Pratt Family Charitable Foundation
 J.T. Compton/ABC Foundation
 Molly Wood
 Margaret Farley & Ron Schneider
 Cans for the Community
 Elizabeth D. Jones
 Toby McIntosh
 Cerf-Dunbar Fund of the Community Foundation for the National Capital Region
 James & Sara Farley
 Lou & Deanne Bacco
 Jean Krahn
 Karen Vincent
 John T. & Linda Stewart III
 Warren H. Robinson
 Jeff Tevis/Accident Recovery Team
 Portia Allbert
 Barbara & Mick Braa
 Brock Jones
 Suzanne McColl
 Lynn K. Megaffin
 Jan Williams

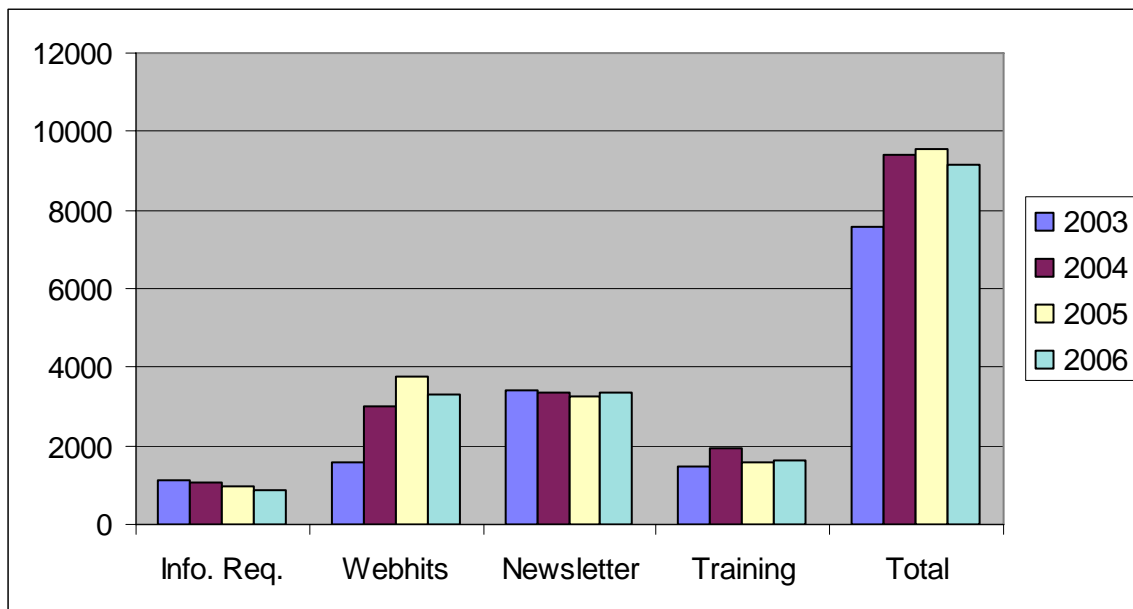
2006 Financial Report

		ASSETS		
Current Assets				
Cash-checking		\$ 2,348		
Cash-other		<u>11,370</u>		
Total Current Assets		<u>\$ 13,718</u>		
Equipment		\$ 14,410		
Less accumulated depreciation		<u>(6,730)</u>		
Property & Equipment, net		<u>\$ 7,680</u>		
Other Assets				
Accounting Method Adjustments		\$ 1,320		
Endowment Investments		104,910		
Unrealized gain/loss on investments				
Total Assets		<u>\$ 127,628</u>		
LIABILITIES & NET ASSETS				
Total Current Liabilities		<u>\$ 8</u>		
Net Assets				
Unrestricted Net Assets		\$ 22,710		
Temporarily Restricted Assets		<u>104,910</u>		
Total Net Assets		<u>\$ 127,620</u>		
Total Liabilities & Net Assets		<u>\$ 127,628</u>		
		<i>Unrestricted</i>	<i>Restricted</i>	<i>Total</i>
Support & Revenue				
Support				
Contributions	\$ 79,077	—		\$79,077
Memorials	6,983	—		6,983
Endowment Investment Income	6,540	—		6,540
Grants/Endowments	—	42,198		42,198
Revenues				
Annual/Board Meeting	551			551
Membership Dues	8,025	—		8,025
Sales	109	—		109
Misc. Income	301	—		301
Interest Income	1,172	—		1,172
Net assets released from restriction	\$ 34,495	(34,495)		—
Total Support, Revenue, Reclassification	<u>\$ 137,253</u>	<u>7,703</u>		<u>\$ 144,956</u>
Expenses				
Program Services				
Assistance to Clients	\$ 36,626			36,626
Supporting Services	81,701			81,701
Management/General	12,021			12,021
Depreciation	528			528
Total Expenses	<u>\$ 130,877</u>			<u>\$130,877</u>
Change in Net Assets	\$ 6,376	7,703		14,079
Net Assets, beginning of year	16,334	97,207		113,541
Net Assets, end of year	<u>\$ 22,710</u>	<u>104,910</u>		<u>127,620</u>

Information & Services Provided

KABC works in many ways to help educate consumers to become more aware of long-term care issues. This chart summarizes our efforts to provide good information to our members and contributors, and nursing home staff who attend grant-related training sessions.

Assistance Provided	2006	2005	2004	2003
Requests for information (from our toll-free number)	864	961	1,088	1,130
Website visits (approx.)	3,295	3,775	3,000	(6 mo.) 1,555
Total newsletters sent (<i>5 times/year to members, contributors, and legislators</i>)	3,425	3,375	3,250	3,375
Attendees at training sessions	1,621	1,568	1,926	1,480
Testimony presented to legislature	5 bills	5 bills	6 bills	6 bills



In addition to the outreach efforts identified above, many KABC board members provide a considerable amount of time and energy to promote KABC. The following information represents only a small part of board member time and outreach for 2006:

- Testimony, public relations and fundraising: approximately 88 hours
- Individuals reached: approximately 500

Each KABC board member also spends about 30 hours per year attending quarterly board meetings and monthly executive committee meetings. This information was taken from contact tracking reports provided by individual board members.

We are very appreciative of the support provided by each and every board member.

**Membership by
County**

Allen
Atchison
Barton
Brown
Butler
Cherokee
Cloud
Coffey
Cowley
Dickinson
Douglas
Edwards
Elk
Ellis
Finney
Ford
Franklin
Geary
Gove
Grant
Gray
Greenwood
Harper
Harvey
Jackson
Johnson
Kearny
Kingman
Kiowa
Labette
Leavenworth
Linn
Logan
Lyon
Marion
Marshall

Legislative Activities

During the 2006 Legislative Session, KABC provided testimony on the following bills:

- HB 2196: Provide a total of 11 paid regional ombudsmen to cover Kansas along boundaries set for area agencies on aging. **KABC testified in support on 1/24. Died in committee 5/25.**
- HB 2342: Allows nurses to pronounce & determine death in nursing homes. **KABC testified as strongly opposed on 3/15. Died in committee 5/25.**
- HB 2649: Pain patient's bill of rights. Pain should be acknowledged & taken seriously by health care professionals, family or other legally authorized persons. **KABC testified in support on 1/31. Approved by Governor, 4/14.**
- SB 491: Increase Personal Needs Allowance (PNA) for nursing home residents on Medicaid. **KABC testified in support on 2/15. Amended into SB62. Approved by Governor 5/23.**
- HCR 5011: Recognition & appreciation for caregivers. **KABC testified in support on 2/16. Adopted 3/21.**

Networking Activities

KABC cooperates with numerous state government agencies and other state organizations to work on shared goals. Throughout the year, KABC gave presentations or provided testimony to State and Federal representatives, the Governor's office, the State Long-Term Care Ombudsman, the Kansas Association of Homes & Services for the Aging (KAHSA), and various Agencies on Aging. In addition, Deanne Bacco has interacted or participated with:

- ☆ AARP Kansas (Deanne Bacco is on the Executive Council)
- ☆ Kansas Alliance for Caregivers
- ☆ LIFE Project for end-of-life care & pain management
- ☆ Kansas Department on Aging (KDOA) advisory committees, and a booth at the May 2006 Governor's Conference
- ☆ Kansas Association of Area Agencies on Aging (K4A)
- ☆ Kansas Foundation for Medical Care (KFMC) Advisory Council
- ☆ Senior Advocacy Network of Johnson County
- ☆ PEAK-Ed Advisory Committee (promotes person-centered care) at KSU Center on Aging

Plans for the Future



Kansas Advocates for Better Care is now a proud partner of the **Leave a Legacy Program**, designed to encourage people from all walks of life to make gifts to charitable organizations as part of the planning for their estates, and particularly through the use of wills and trusts. You too can make a legacy gift to KABC. Whether you think of yourself as rich or poor, or somewhere in between, your gift can make a difference. Even a small amount can have a big impact over time. A simple directive in your will can bring welcome support to our organization that will make a difference in many lives. Feel free to contact KABC toll-free: 800-525-1752, or via email: info@kabc.org. Check our website www.kabc.org for a direct link to Leave A Legacy KC for additional information.

In the KABC Strategic Plan (2007-2010), internal goals include:

- An endowment fund with \$250,000 in assets
- A membership/donor base of 1,000 persons who provide an average of \$100 each to yield an annual operational funding base of \$100,000
- Annually assist 1,000 consumers with guidance/consultation, including providing follow-up materials
- Board Member outreach through presentations/materials touch 5,000 persons
- 5,000 visits to the web site each year
- Members in all 105 Kansas Counties (58 counties in 2006)
- Make Consumer Information Reports available for ordering via the KABC website, and emailed to consumers.

External goals include:

- Kansas nursing homes have adequate nursing staff to provide quality health care to residents; NCCNHR recommends a minimum of 4.13 nursing staff hours per resident day.
- State Long-term Care Ombudsman program has a paid regional ombudsman in each of the eleven area agency on aging regions and every nursing home has a well-trained volunteer ombudsman and/or friendly visitor. (Two bills in the 2007 address this concern. KABC is in full support.)

Acknowledgments

Kansas Advocates thank the following businesses who have volunteered substantial time and/or services to further KABC projects throughout 2006:

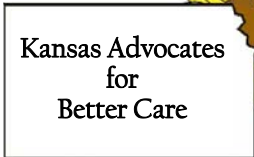
◇ **American Presort (Pam & Kevin Wold)** for contributing their time, and the cost to mail the newsletter.

◇ **Clean Delivery (Todd Ropson)** for providing the KABC office with cleaning and paper supplies.

McPherson
Mitchell
Montgomery
Neosho
Osage
Osborne
Pottawatomie
Reno
Rice
Riley
Rooks
Saline
Scott
Sedgwick
Seward
Shawnee
Sumner
Thomas
Wabaunsee
Wyandotte

Out of State

Arkansas
Arizona
California
Colorado
Connecticut
Washington, DC
Iowa
Maryland
Michigan
Minnesota
Missouri
New Jersey
New York
Oklahoma
Rhode Island
Texas
Virginia



Annual Report Produced by: Deanne Bacco, Executive Director and Lenette Hamm, Office Manager
Financial information taken from the 2006 Audit prepared by: Act III Accounting, Topeka, Kansas

Publications Available from KABC

Understanding Nursing Home Regulations - 36 pgs.
Member price: \$5 Non members: \$25

Assisted Living - A Guide to Kansas Regulations & the Compliance Inspection Review - 24 pgs.
Member price: \$5 Non-members: \$25

"Compassionate Care"-Preventing Abuse, Neglect, Exploitation - 20 pgs. **\$5**

Consumer Information Reports - \$10 per facility
 Facility Name(s) & City _____

County Summary Reports - \$15 per county
 Kansas County Name(s) _____

Total enclosed: \$ _____

Name _____

Address _____

City, State & Zip _____

Phone _____ Email (if applicable) _____

Make checks payable to Kansas Advocates for Better Care and return to:

913 Tennessee, Suite 2 Lawrence, KS 66044